

ဘာသာရေးဆိုင်ရာစာမူခွင့်ပြုချက်အမှတ် - ၆၀၀ ၈၉၀ ၁၀၁၁
မျက်နှာဖုံးခွင့်ပြုချက်အမှတ် - ၆၀၀ ၈၃၃ ၁၁၁၁

Sabbath School Lesson
တီးတိန်ချင်းဘာသာ

အုပ်စု - ၁၁၀၀

ဓမ္မဒါန

ပုံနှိပ်သူ။ ဦးဒိုဟင်ပေါင် (၀၇၉၄၅)၊ မန်နေဂျာ၊ ကင်းစောင့်ပုံနှိပ်တိုက်၊
အမှတ် ၂၀၆၊ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်၊ ရန်ကုန်မြို့။

ထုတ်ဝေသူ။ ဦးစောမဲမရီထွန်း (၀၄၄၉၆)၊ ဥက္ကဋ္ဌ၊ သတ္တမနေ့အသင်းတော်
သာသနာအဖွဲ့ချုပ်၊ ၆၈ ဦးဝိစာရလမ်း၊ ရန်ကုန်မြို့။

ပထမအကြိမ်

***KHANGHAM SABBATH SCHOOL
LAI SIANGTHO SINNA***



IH PASIAN' KHAVANGTAANGTE

Jo Ann Davidson ရေးသားသော **"Glimpses of Our God"**
စာအုပ်ကို ဓမ္မဆရာဦးဆွင်းခင်းဂိုးက တီးတိန်ချင်းပြန်ဆိုသည်။

*January, February, March
2012*

(ပထမအကြိမ်)

KHANGHAM SABBATH SCHOOL
LESSON

IH PASIAN' KHAVANG TAANGTE

Agelh : Jo Ann Davidson

January, February, March

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Thumasa

Ih Pasion Ih Theihna

Mi khat in Hubble Space Telescope pan in, vangtung khuavannuai mann (Photo) a et ciangin lamdang asak ding' cih simloh agen ding tawm in teh.

Tua vantung khuavannuai alamdan' sang in Abawlpa lamdang zaw tham lai hi.

I biak i paai leh Ama' na i sep i Pasion pen, vantung khuavannuai na khempeuh, aksi vuklam lompi akipan in na khempeuh athemngeng avui dong na ngawn in abawlpa ahihi.

Tu kuasa sung in, i biak i paai leh Ama' na i sep i Topa thu akicing zaw in i kaan ding hi. Theology i sin ding hi. Theology cih pen "Pasion' thu sin" cih na hi. Pasion' thu ih theih ding athupi pen ahihi. Amah pen' "i lungsim khempeuh, i kha khem peuh" tawh it ding a, ong kisawl Pa ahihi. (Luka 10:27). Tu kuasa sung in, Pasion' i a kibanglo a-ong kilakna pawl khatte i sin lai ding hi. Hihthu te in, eima aading iin bang akhiatna nei hiam cih i lungngai saan ding hi. Pasion thu thubulpi pawlkhat, Thumgawm-Pasion-Khat (Trinity), cih te, kan ih kipan ding hi. Thumgawm-Pasion-Khat cih pen lunglut huai mahmah hi. Pasion lah khat beh hi in luang thum a kigawm cih pen lamdang hi. Tuapan in, Pasion' pen piangsak-pa ahihna i mitsuan ding hi. Hih pen saandan thubulpi, i upna ahihi. Aban ah Ama' gupkhiatna nasep i sinto ding hi. A puuk hih Leitung ah ong kipi pang sak cih bek pen

kicing nawn lo hi. Pasion in mawhna pan ong dok kik cihte, Pasion pen hehpihna nei Pasion leh thukhen Pasion ahih ihsin beh ding hi. Tuabanah, Ama' sianthona, A thukham leh A Sabbath te ih sin toto ding hi. Hih kihilhinate pen Ama' gamtatpianzia pan ong pai vive hi-a, Amah bang tawh kibang cih ih theih nading in, ong huh ding uh hi.

I ngaihsut khak kholloh Pasina' thu ahoihna, Amah pen tangthu piangsakpa ahihna leh zawlthu na ngawn-a ong kilahnate ih sin ding hi. Tuatate ban ah Pasion pen thungen Pasion leh pianpihnate' Pasion ahihna zongh ih kaan lai ding hi. Ih Topa' na' semding cih bang adeihna nei cih zong i sin to lai ding hi.

Pasion' A Nihveina ong paikik ding athupi kamciam, tua in tangthu khempeuh leh mawhna i mongbeina ahialna (akhakcipna) te ih sin toto ding hi.

Pasion lian lua in eite ih neu lua hi. (vuklamlom kualpi sung-a, aksite apiangsak Pa hi ven). I lampi ah, ei tawh kikhom khuavak ong piak tek, Pasion' tungah bangzah in lungdam huai hiam. Tu kuasa sung in tua khuavak i tam sin ding hi. Tua khuavak sung a i kalsuan ding pen eima thu tek ahihi.

Jo Ann Davidson pen Berrien springs khua Michigan gamkee sung a, Andrews University Seminary-a asem Laisiangtho hilh siapimangpa (professor) khat ahi hi.

Zolai Laisiangtho akizangh atamzaw pen: Hilhcianna Kithuah Laisiangtho, 1977, ahihi. A dang teikhiatna (version) aki zat leh agei-ah akizangah pen ki um in ki lak ding-a, bangmah aki at kei leh Hilhcianna kizangah ahihi.

LESSON 1

Dec. 31 - Jan. 6

THUMGAWM - PASIAN - KHAT

Sabbath Nitak

Dec. 31

Tu Kal Sung Sim Ding: Thkna. 6:4; Fl. 2:6; Mt. 28:19; Pian. 1:26, 27; John 14-16.

KAMNGAH: "Ka itte aw, note in na hih uh leh, a siangtho mahmah upna tungah na pumpi uh lamin, Khasiangtho tawh thungenin, nuntak tawntungna ngah nadingin i Topa Jesu Khri's' hehpina na ngak lai tak un, Pasion' itna sungah na pumpi uh kemin om un." (Juda 20, 21).

THU BUL PHUH: Laisiangtho in Thum-Kigawm-Pasian khat a om ong hilh hi: Tuat Pa, Tapa leh Khasiangtho te Pasion khat in om uh hi.

Thumgawm-Pasian-Khat cih kammal Laisiangtho sungah a om loh hang in, akihildan, azatdan bel om hi. Thumkigawm Pasion sandan thukhun in Pasion pen khat mah hi in, "Pumpi" thum in kibawl ahihi. Hih kawkmun pen athupi mahmah hi a, Pasionkua hiam, bang tawh kibang hiam, bangci nasep hiam, cih leh leitung tawh bangci kizop hiam cihte ong gen hi. Athupipen in, Khrist in Pasion ahihna, gupkhatna vaihawmna-a, athupipen panmun-a ana panna ahihi.

Amasa lam a pawlpimite in hih sandan tawh na buai uh hi. Tuhun ciang in, i pawlpi in hih To-Thum-Pasion tawh kisai sandan thukip ih nei hi. Upna Thubulpi anihna in, "Pasion khat om in: Pa, Tapa leh Khasiangtho, dinmun kikim mimal thum aki gawm-

tuah bom khat," na ci hi.

SUNDAY

Jan. 1

IH PASIAN IN PASIAN KHAT AHIHI (Pai. 3:13-15).

Laisiangtho hunlai-a, Hebia te' upna sandan-pen Pasion khat bekneih (monotheistic) hi-a, Khatbek (mono) leh Pasion (theistic) cihte pen Grik kammal pan ong pai ahihi. Pasion maan khat bek om cihnopna ahihi. Abraham, Isaak leh Jakoh te' Pasion bekmah ahihi. Tua Pasion pen Israelte' veng leh paama, a kimkot gamte' pasian tampi te bang hilo hi. Hihthu ih theihna ah, Laisiangtho i biakna pen ong thutuam pian peuhmah hi.

Pasion in, Amah leh Amah, Pai. 3:13-15, sungah, bang ci kigen hiam. Hih Laisiangtho mun in, Pasion in khat hi cih, bangci hilh hiam.

Pasion' Pumkhatna cih sandan pen, Thkna. 6:4, sungah zong kimu a, Judahte in Shema, na ci uh hi. Hih min akipiakna ahang pen, thuhona kammal, Hebia kam-a za un, cih pen Shema ahih hang ahihi. Shema cih kamvuicing sungah Pasion' thu alian mahmah thutak khat kihel hi. Israel mipite hih thutak kihilh in atu atate uh zong ahilh sawn ding uh thu kipia hi.

Thkna. 6:4 leh Pian. 2:24, te saikaak in: Tua nihte gel khat in ong kigawm uh hi. Akibang tua Hebia kammal, amun nih tuak a "khat" ci-a ong dawh pen in, bang akhiatna nei hiam.

Akhiatna "khat", cihna ahi **echad** cih kammal pen **shema** tawh akibang hi-a, Pasion akilah nading in "Shema" tawh Thkna. 6:4, ah ki zangh zeel hi. Hih echad kammal in nambat khat acihnopna hi loin kipum-

khatna sitset agen nuam ahihi. Hih echad in aki-banglote kipumkhatna leh kigawmtuah-na aci nuam zaw ahihi. Thuhilhkikna sunga Pasion in "khat" hi acih mahbang in, Pasahte leh a zite uh zong "kipumkhat" (echad), ding hi, na ci hi. (Pian. 2:24).

Thubu Thak, 1 Kaw. 8:4, leh James 2:19, te in zongh Pasion' kipumkhatna bangci gen hiam.

MONDAY

Jan. 2

KHRIS PASIAN AHIHNA (FL. 2:6)

Khatvei lai a, Farisai ngaat mahmah Pawluh in, FL. 2:6, sungah Khris Pasion ahihna na bang ci gen hiam.

Lungdamnathu Bu, Mt. 14:33; 28:9; Luka 24:50-52, leh John 9:35-38, te-a aki ciamteh mi tuamtuan te' biakpiakna Jesu in bang ci san cih enpha dih in. Jesu' sepdan leh Pawluh' sepdan, Sawl. 14:8-18, sunga te tehkaak dih in.

Jesu in hih biakpiakna asaanna tawh Ama' Pasion-hihna bang lak hiam.

Jesu' thuaksiat thusitna ah amawhmapna uh khat pen Pasion' Tapa ahih apulak khatna hang' ahihi. (John 19:7; Mt. 26:63-65). Jesu in Amah teek mah Pasion in kingaihsun lo hileh, hih mawhmatna pan apenh theihna ding hunpha khat angah ding hi napi'n, Amah in tua mawhmatna pan na suahtak sawm lo hi. A puah ding alaihdang bangmah om sak lo hi. Kai-afas mai a thuaksiat thusitna-a akiciamna ah zong Ama' Pasion hihna na kipsak ve hi. Tuahi-a, Khris i Pasion-hihna alamdang teci Laisiangtho sung pan ih nei hi.

Jesu i nuntakna na ngaihsut nading hunpha la zeel dih in. Jesu pen Pasion taktak hi-in, vantung khuavannuai a Piangsakpa ahih vei tak in thuuk ngaihsut dih in. Ama' Pasion hihna in, Pasion in hih leitung a-itna eite bang ong gen hiam. Hih alamdang thumaanthutak in, banghang in, nangmah ong hehnem loin, lametna ong pialo thei ding hiam.

TUESDAY

Jan. 3

KHASIANGTHO

Thubu sung akipatna lam-a adawk masapen Kha-siangtho' nasepna, Pian. 1:2, in bang ong gen hiam. Mt. 28:19, in Pasion' Kibomtuahna Minung Thumte' (Three Members of the Godhead) thu bang ong gen hiam.

Mi thak thu ummite ong kituiphum ciang in hih Pasion' Kibomtuahna Minung thumte zat ding in, Jesu in ong vaikhak hi. Hih kituiphumna' phuisam pen tuni dong in Khristiante atam zaw in zangh lai hi. Jesu' nungzui dingte Pasion' "min" tawh kituiphum hi. (Hihmun ah Grik lai in Pasion pen khat in (singular) na daw-k-a, Pasiante (plural) in na daw lo hi). Minung Thum pen tua Min sungah na ki hel ve hi. Hih minung thum te pen Pasion hi-in thukhat in na sem hi.

Jesu' kituiphum laitak in To Thum Pasion kigawm tuah hi. Maku in tuiphumna kilangh tak-a alah sim dih in. (Mk. 1:9-11). Maku in vangtung "khensan" (Taneu 10, NKJV), ci in na lak-a, ahoih zaw-a aki let teh 'balkeek-a hong" (NIV), in kila hi. Pasion alamdong-a aki lahna Maku in, To thum Pasion Kigawmtuahna tawh ih lungsim ong la hi. Sawl. 5:1-11, sim in. Hih Laisiangtho munte in Khasiangtho in Pasion ahihna ih theih nading in ong bangci huh hiam.

WEDNESDAY

Jan. 4

KI THUHUAL TAKIN KIGAWMTUAH

Pian. 1:26, 27, sungah, Thumgawm-Khat bangci kilah hiam.

Thumgawm-Pasian-Khat sandan, Pian. 11:7, 8, sungah Babel tausang lamna ah kimu hi. Pasian mahmah in thugen kik hi. "Topa" kilak-a, Amah pen *eite' lak-a mi khat bang in* (as one of a group- 'us') thugen hi.

Thumgawm-Psian-khat sandan, Isa. 6:8, in zong bangci lampi tawh lak hiam.

Thubu Thak sungah Pentekos pawipi ni-a, Peter i thuhilhna in zong Jesu in Thumgawm-Pasian-Khat i khenkhat ahah bangci pahtawi hiam. (Sawl. 2:33, sim in).

Pasian Khat Bek cih a um Judahte micitak thu um, Peter in Khri Pasian ahahna, Amah, tu in vantung ah om hi, ci-in hilh hi. Peter in, Judah thu ummite alaikhakna ah, Thum-gawm-Pasian-Khat ahahna lak in teci pang hi. (1 Pet. 1:1-3, sim in).

2 Kaw 1:20-22, sunga, gupkhiatna aki geelna, alah-khiatna ah, Thumgawm-Pasian-Khat sandan Pawluh in bangci lah hiam. (2 Kaw 13:14), zong sim in.

Pasian' pianzia cih thadah a thu ol pen te na ngawn ngaihsun dih in. Na theih batloh thu bangzah in tam ding hiam.

THURSDAY

Jan. 5

TOTHUMPASIAN LEH GUPKHIATNA

John 14-16, sunga, Khri i thungetna sim inla, Thumgawm-Pasian-Khat a om zahzah sim dih in. Hih Laiiangtho munte in, hih Thumgawm-Pasian-Khat athupit takpina ih theih nadingin ong bangci huh hiam.

Lungdamna Thubu, John sungah kammal tepen Thumgawm-Pasian-Khat kikim tek cih ong lak etteh hoih penna mun ahihi. Tothum Pasian sandan thukhunte pen Thubu sung mun tampi ah siksian bulphuh ding akician mun tampi om hi.

Hihthu ngaihsun dih in. Jesu pen mihing bang lel in ki piangsak in Pasian taktak hilo hileh eima mawhna tang ding-a Pasan' sihdanpiakna vaipuakbuppi, Amah in bangci san zawh ding hiam. Pasian' thukham siangtho palsatna pan-a, i ngah ham' siatna pan in ong tankhia zo ding, athupi mahmah aki piangsak mihing' ta a om diam.

Nangma ai-awh in vantung khuavannuai Apiangsakpa si in, Aama' hang in nuntak tawntungna kamciam na ngah theihna, hihthu tawlkhat ngaihsun zeel in. Hih alamdang thutak in, lametna ong bangci piak hiam. Bangzah in lian in thuuk cih ngaihsut hak mahmah lo maw.

FRIDAY

Jan. 6

Sim Beh Ding: "Ama min Emmanuel kici ding hi . . . Pasian eite tawh hong om khawm hi. Pasian' minthanna theihna khuavak pen Jesu Khri maitang ah kimu hi. Atawntung nite akipan in, Topa Jesu Khri pen Pa 'Pasian' tawh omkhawm khin hi. Amah pen Pasian' meel lim hi-a, Ama' thupitna meel leh Avangliatna

ahihi. Amah pen Pasion' minthanna apualam vantang banah Pasion bangmah ahihi. Hih minthanna alak ding in, hih leitung ah Jesu ong pai ahihi. *The Desire of Ages*, p. 19, *Akitomlaak*

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LESSON 2

Jan. 7 - 13

AKI PATCUK iin

Sabbath Nitak

Jan. 7

TU KAL SUNG SIM DING: Mt. 19:4; Job. 38:4-7; Thkna. 32:10-11; Late 19; John 1:1-3; Rm 5:12; Isa. 66:22.

KAMNGAH: "Amah (Khris) in na khempeuh piangsak hi. Amah in vantung ah ahizong in, na khempeuh, aki mutheite, aki mutheilote, kumpite, vangliatnate, uknaneite leh thuneite apiangsak hi. Na khempeuh Ama aading iin Amah in piangsak hi." (Kolose. 1:16, NIV).

THU BUL PHUH: *I up na khempeuh lak ah Piansakna thukhunpi in athupi mahmah ahihi.*

Piencilna sandan thubulpi nihte bangci thuluan cih ngaihsut hak mahmah hi. Piansakna leh nuntakna nei khem-peuh damdam-a khang toto cih sandan (evolution) te saang in zongh thu lamdang zaw bangmah om tuanlo ding hi. Thubu ong hihna ah Piansakna pen Pasion in geel kim tak in abawl hi-a, apiangtawm ding in bangmah nusiak nei hetlo hi.

Tukal sung in, Thubu sung-a, Piansakna thukhunpi te ih sin ding-a, tuate pen Laisiangtho thutak i tawphahpi ahih zong ih kaan ding hi. Piansakna thu ih muh khialh leh thu tampi ah lam pial khial teekteek

ding cihna ahihi. SDA Khristian khat ih hihna tawh hih kihilhna athupi mahmah ahihi.

SUNDAY

Jan. 8

PIANSAKNA NIPIKAAL

Pian. 1:1, in, Laisiangtho' hilh piansakna leh Darwin i hilh na te piangtawm toto (evolution) cih aki eelpuakna ong bangci lah hiam.

Piancilna Thubu in, Pasion pen Piangsakpa a hihna hong khia hi.

Pasion in nate apiansak lai-a, ageelsiamnate Laisiangtho siamte in na muh siam uh hi. Pian. 1:2, in, Pasion in nate bangci gualh cih athupatna ong lak hi. "Leitung pen lim leh meel neilo in awngthawl pi ahihi. Ani masa ni thum sung in, Pasion in "bangmah taksa omlo" lak pan in, "taksa" om sak hi. Abanzomin ni thum sung in, a-awngthawl na teng dim hi.

Cihnopna ah, amah leh amah apiang tawm bangmah om hetlo hi. Na khempeuh limtak in aki geel diudeu ahihi.

Mt. 19:4; Pai. 20:8-11; 1 Tim. 2:13, leh Isa. 40:26, te siksan in, Laisiangtho sung-a Piansakna tangthu a um pawlkhat kuate hiam.

MONDAY

Jan. 9

PIANGSAKPA' LUNGTANG

Job 38:4-7, sunga akigen te in, leitung aki-piansakna i akhenkhat bek hi pan-a, tua lungsim suk-khak huaina thu Pasion in Job bangci lah hiam.

Nipi kal masapen-a Piangsakpa' lungtang alung-dam nading athumong, Pian. 1:2, sungah kimu thei hi.

"Pasion' Khasiangtho tuitungte ah kihual (hovering) hi." (NIrV). Mawsi in Pasion' Khasiangtho, Piansakna nipikal kong honna in, kihual/laam/kivei acih phawk kik dih in. Mawsi in hih kihual cih kammal anihveina in; Thkna 32:10-11, sungah na bangci zat hiam. (Mt. 23:37, zong sim in).

Vasapi te in a no te aading in itna tak tawh abuu abawlsak ngaihsun dih in. A buuk zem in, a no te tung ah laam in, an puak in, vaan-a, a lendan ding zong hilh lai hi. Mawsi in kum 40 sung tuu acin sung in, khuakhal kipat hun sial-a, hih vasa pianzia nalamdang na mu ngei khin hi ngel ding hi. Hihthu in, Pasion in amah itna tawh akep phawk sak hi. Pasion' makaihna tawh atunga mah tawh aki bang veina, Khasiangtho lungtang sung-a ei mihingte aading-a ong ki bawlsak "buuk" Mawsi in ong lak khia hi.

Pianpihnate' lamdannate ngaihsun dih in. Tuat sungah alamdam Pasion' ong itnate na bangci muh hiam.

TUESDAY

Jan. 10

VANTUNGTE IN TAANGKO UH HI

Salaan Late sungah Piangsakpa kipatna la tampi om hi. Lungdamkipakna lianpi tawh Late Thubu a atpa in, Pasion' anasia nasepna' thu gen hi.

Late 19 sim in. Hih Late sung-a thu omte ngaihsun-a, akigual thute ahih kitel mahmah hi. Amasa in, David in vantung i meelhlaihna, aki langh-

taang vantung awngthawlp, nizang taang nangawn na taamlawh hi. Ni i avangtang mahmah leh mopa azi neih ding ni-a, akizep tawh agen teh ban ah kimawlsiamte atha kisin uh tawh na genteh lai hi. (Aneu 1-6). Tuaban ah amahin, ni i minthanna pen Pasion' thukham leh athupiakte' vangliatnate tawh na kibang sak lai hi. Thukham i thupiakte pen Pasion' piansak nasepnate i liatna tawh ki zom hi.

Late 92 sim in. Hih "Sabbath la" in phatna tawh thu pan in, Pasion' itna alungdamna, Pasion' ciampellohna leh ama khut tawh abawl piansak nasepnate alungdamna ko hi. Pasion i piansak nasepnate akan behbeh mi khat in, Pasion i piansak nasepnate i alamdang vangliatnate mu toto hi.

I kiim I paam-a thusia te bek ngaihsut ding hiloin thuhoihte zong ngaihsut ding ahihi. Agentehna in, phuitong kung khat in, lungvei-a agahte pulh sak khin hi. Tua lungno in phuitong kung-a a om Pasion' itna leh hoihnate hemkhia loin zong hemkhia zolo-a, tua phuitong kung in Piangsakpa' itna leh hoihna te mah lak veve hi.

WEDNESDAY

Jan. 11

SIMGLAMTEH LEH PIANSAKNA

John 1:1-13, sungah, John in piansakna leh singlam-teh bangci lampi tawh zom hiam.

Piangtawm toto (evolution) cih sandan amaan hileh Topa in mihing nunna ong laak Amah zawngkuh suan mah ong hih kul ve! Tuabanah hih sandan in hih anuai-a thu amaan aci tawh ong kibang ding hi.

Tuathu pen, amulkimhuai piangtawm toto kikheelna in, na khempeuh abanban in kheel-a, sihna, "akhak bel gal" (1 Kaw. 15:26), na ngawn hepkhiat theih ong suak-a, tuapen Topa in phal hi cihna ong suak ding hi. Piangtawm toto te' sandan amaan hileh, Pasion in mihing apiansakna-a ateel azatdan (method) sihna mawk pen bangci bang in ih gal suak thei mawk ding hiam. Hihthu amaan mah himawh leh, Topa in ama lim sun in mihing ong bawlina ah, piangtawm toto kikheelna tawh misi luang tampi "azang khia" ong suak ding hi. Jesu in mihing ong gupkhiatna ah hih zatdan tawh amah ong kipan masa suak ding hi. Tua hileh ong haihuai lua mahmah ding hi!

Piencilna sung-a Piansakna tangthu pen gupkhiatna geelna buppi tawh kipeh in athupit mahmahna, ih theih nading in, Rom 5:12, in ong bangci huh hiam.

THURSDAY

Jan. 12

PIANSAKNA LEH PIANSAK-KIKNA

Isa. 65:17; Isa. 66:22; 2 Pet. 3:13, leh Mang. 21:4, te sungah bang alamdang kamciamte kimu hiam. Piencil Thubu sung-a thukonghonna khawkte-ah piansakna thute akilah mahbang in, Laisiangtho amundangte tawh koici kizop hiam.

Khristiante' lametna pen van thak leh lei thak ong ki kamciamnate tung ah kinga hi. Tua ong kikham' van thak leh lei thak pen mawhna' suksiat nawnloh ahihi. Hih lametna leh kamciam lotawh lametna, upna laigil i nei kei hi.

Hih thutak khempeuh in, Pian. 1, leh Pian. 2, sung-a piancilna leh Topa in apiansak masate bangci bawl cih alunglut huai mahmah dotna pawlkhat ong tun to hi. Tua dotna pen akawkbanglo Pasion thupiakna tawh van thak leh lei thak Piancil Thubu sung-ah akilah mahbang in, aki bawlkik takpi ding hiam, cih ahihi.

Ahikheileh Piansakna thubanpai (process) cih pen nuntakna pen piangtawm toto thubanpai te tungtawn in kumtul zamak tampi khitteh leitung thak (2 Pet. 3:13), akhak bel ah ong dawk pan ding ahi diam.

Ahahuai ngaihsutna pen, Pasion in piangtawm toto thu zangh in hih leitung bawlkik ding hileh leitung abawlcil lai-a, Pasion nasepna ahahuai suaksak in teci apang ong suak ding hi.

Hih i leitung apiancil lai-a, a om' zia, ahoihna te bang tawh kibang ding cih ngaihsun dih ih. Hihthu tawh kisai ih pilna ih ciimna in atheih tawm mahmah hi. Pasion' ong kamciamsate taan (suplawh) lehang banghang in hih leitung ah bangmah manlo ding ih hiam.

FRIDAY

Jan. 13

SIM BEH DING: "Piangtawmtoto (evolution) cih pen akhakbel-a a sia pen thumaankipkho'lohna nam ahihi. Piansakna tang-thu a um taktaklo mi tampite pen mau' thumaankipholohna aseel te ahihi." (***E G White, The Signs of the Times, March 20, 1879. Akitomlaak.***)

T-2

"Topa in leitung niguk sung in bawl in, a ni sagih ni in tawlna cih na pulaak hi. Ama' cihnop takpi pen nai 24 a, akiseh ni khat, ni suak pan ni tum hun dong ni khat ahihi. ***Testimonies to Minister and Gospel Workers, p. 136, Akitomlaak.***

--00--

LESSON 3 January 14- 20

PASIAN TANKHIAPA BANG iin

Sabbath Nitak Jan. 14

TU KAL SUNG SIM DING: Gal. 2:1-14; 1 Kaw. 1:10-13; Pian.
17:1-21; John 8:31-36; Kalaw.
3:11

KAMNGAH: "Thahna a thuak Tuono in, vangliatna, hauh-
na, pilna, hatna, pahtawina leh phatna
thuphate ngah ding in a kilawn hi." (Mang.
5:12).

THU BUL PHUH: To Thum Pasion pen ong Piangsakpa
bek hiloin ong Tankhiapa zong ahihi.

Pasion pen ong Piangsakpa leh ong Tankhiapa
ahihi. Mawhna pen siahuai lua ahihman in Piangsakpa
teekteek bek in vaisiang sak thei bek hi. Tuahi-a, Amah
in tuathu Jesu Khri i mihing nunna tawh ong sem
hi.

Pawluh in pawlpite hihbang in ong hilh hi.
"Singlam-teh thupuak pen amangthang leh a site
aading in ahaihuai tawh kibang hi. Ahihhang in,
tuapen ong kitankhia eite aading in Pasion' vangliatna
ahihi." (1 Kaw. 1:18, NirV). Mihing' ngaihsutna ah
singlamteh pen haihuai tuak mahmah hi. A Nungta
tawntung Pasion, Asiangtho Piangsakpa pen agautaaklo
mihing, agalte na ngawn ai-awh ding in, gankha-
khawh biakpiakna-a aki go ganhing ong suak hi. Amah
in amaute' mawhlawhpuak dingte mahmah ong puak-

sak ahihman in, amaute in tua dantuahna tawh kipeng
uh hi. Tua gankhakhawh biakpiakna pen thuthuuk
lua ahihman in theih tel ding haksa lua hi. Ih theihna
amongbei ciang in ih sep theih pen biakpiakna mah
ahihi.

SUNDAY Jan. 15

SINGLAMTEH TUNG-ah

Rom 8:5, in eite bang ong gen hiam.

Singlamteh tung ah Pasion in agalte maizum
sakna leh gualzawhna lak hi. Ki itna, thutanna leh
khuangaih itnate alam dang in sepna khat in
kigawmtuah hi. Mawhna thaman amahmah in aloh
sak khit ciang in, mawhnadan amahmah in
athuaksakna tawh Pasion in mawhneite amawhna uh
maisak hi. Pasion in, mawhmaina bangzah in manpha
hiam cih singlamteh tungah lak hi.

Pawluh in Pasion' hehna akikup ding lau hetlo
hi. Rom. 1:18, sungah Pawluh in Pasion, hehna bangci
sianggan hiam.

Pawluh i khauhtak-a athusun pen, mawhna i
huzap-na in a kum kivei in bangzah in siahuai cih
hong khia hi. Hih-thu in nasialua ahihman in, mawhna
thu kikapna sinna nihna dong in (Rom. 3:20),
tungtawn in ih zomto ding hi.

Pasion in mawhna gal leh thuaksiatna gal
azawh tuakna lungdamnathu pan lam dang tak in ih
sin ding hi. Pasion in hih thunihte zo tuak in thuak
ahihman in mawhnop lungsim anei thu ummite tawh

kamciam pom thei hi. Pasion i itna in athaneem upna piangsak loin leh gitohna zompaihna suaksak lo banah, tuate tung-ah, Pasion in anasia gualzawh-na lamah makaih zaw hi.

Na nuntakna ah mawhna asiathuaizia na-bangci lahkhiat hiam. Khensatna na neihna ah bang paulap nazangh hiam.

MONDAY

Jan. 16

THUBU LUI SUNG-a LUNG DAMNATHU

Pian. 3:15, siksian in, banghun in amasapen gupkhiat-na kamciam kipia hiam.

Pawluh in Pian. 3:15, pan in tha nala hi. Tuasung-a thu Rom 16:20, ah bangci telgen hiam. Pawluh in bang kaw-mun gen nuam a hiam.

Pian. 22:1-19, sungah Mawsi in, gankhakhawh biak-piakna i a thupitna tangthu gen hi. Hih tangthu pan in, Khri i mailam-a gankhakhawh-a akiapiakkhiat nading thu bang ih sin thei hiam.

Abraham keh Isaak tangthu ah, Abraham pen "pa" in leh Isaak pen "ta" in bangzah vei ki pulaak cih phawk in. Tapa in singkhuah pua in apa in biakpiak nading vanzatte (mei leh temta) pua hi. Isaak pen Abraham sang in moi zaw tham ahihman in tua biakpiakna mualtung ah a pa buagawp in zo thei hi napi, a lamdang tangthu nih ih sim thei hi. Tuate gal pen: (1) A pa in a tapa phaltak in pia khia nuam in, (2) a tapa in zong a nuntakna phal takin piakhia nuam zen hi.

Eima ai-awh-a, Khri in gankhakhawh bang-a a kipiakkhiatna bangzah in ettehhuai in manpha ahia!

Tua hunlai in tapa tang ding in ganhing khat zong omlo in tapa pen biakna tautung ah a si ding ahihi. A pa in a tapa pia takpi in a tapa in anuntaakna apiak takpi ding ahihi.

TUESDAY

Jan. 17

ISAIAH THUBU SUNG-a GUPKHIATNA

A minthang Emmaus lamzikpi ah, a lungkia nungzui-pi nih te Jesu in mawhna hang-a kipiakkhiatna thu hilh hi. Amah in amaute hih upna thu, "Mawsi leh kamsang khem-peuh" tawh a na kipat khitsa a hih hilh hi. (Luke 24:27). Ama ki piakkhiatna akan na sungah bang genkholhna Jesu in a hel kha tam.

Jesu in kamsangte aminlawh lak ah Isaiah pen khat in ki hel kha ngel ding hi. Isai. 53, in, agual gen thu sim dih in. Athem a neng in gual suk lecin, Khri i a lamdang kipiakkhiat-na na tel zawk nading in ong huh ding hi.

Ih gamtatnate in Pasion' mai ah thu khat peuhpeuh tawh ong dik sak ding hileh eite' tang in Jesu ong sih kullo ding hi. Bangmah tawh ih mawhna thaman, Ama' ong sihna longal in piak sak thei hetlo ahihman in Amah ong sih kul in ong si hi.

1 Pet. 1:19; 1 Pet. 2:21-25, te sim in. Eima mawhna ai-awh-a Khri i gankhakhawh bang-a ong kipiakkhiatna atelgen nading in, Peter in Isa. 53, bangci zat hiam.

Isa. 53, pen Jesu i nuntakna avekpi in, akimuhna mah hi ci-in na ngaihsut mah bang in, sim

in. No sim khitteh, tuamun-a athuakpa pen ih Pasion, ong Piangsakpa, Thum-gawm-Pasion-Khat in aki hel Pasion ahieh ciamteh in. Hih alamdang thumaanthutak bangci bang in ih tel khin thei diam.

WEDNESDAY

Jan. 18

LUNG DAMNATHU LEH SINGLAMTEH

Mk. 10:32-45, siksian in, ong tung ding Ama' sihna Jesu in bangci bang in pholaak hiam. James leh John in Jesu kiangah bang deih in ngen uh hiam. Tua ngetna bang-hang in khial hiam.

Asih ding nitak in Jesu in a nungzuipite tawh Paisan-pawi nitak an ne khawm hi. Jesu in tua an nekkhop pen Ama' ong pai kik mateng anekawpna uh ahi ding in gen hi. Topa' Paisanpawi anekkhoh pen Topa mahmah in a pat ahihi. Tua nekkawmpawi in Ama' ong suahnate, Abawl Nalam- dangte, Athugentehnte leh Athugente apahtawina hi zenzen loin, asihna phawkna ding bek ahihi. Na khempeuh lakah Ama sihna akiphawk ding Topa in deih ngiat hi.

Abeisa-a na nuntakna, na khialkhaknate leh na mawhnate ngaihsun dih in. Na sepkhialhte mawh ong kimaisak ding hi cih na ngaihsun ngam taktak hiam. Tu'n Jesu sihna pen nangma ai-awh hi-a, bang-hang in, na nuntakna ah athupi pen thu ong hi ding hiam. Jesu lotawh bang lamtena na nei ding hiam.

THURSDAY

Jan. 19

SINGLAMTEH TUNG-a KAHNA AW

Singlamteh tungah Jesu na kap khia hi. "Ka

Pasion, Ka Pasion aw, banghang in ong taisan na hiam. (Mt. 27:46, NKJV). Hihthu ih bangci theih thei hiam. Jesu in bang agen ahiam. Banghang in tua kam pau hiam. Mawhna pan-a, ong tatna bangzah manh cih i theih nading in hih kahna in ong bangci huh hiam.

A thungetna ah Jesu in a zat den ahi, "Pa" cih saang in "Pasion" cih na zangh zaw hi. Singlamteh tung-a, Jesu kahnte in, eite ong itna lah na ciang ding ettehna khat bek hilo hi. Pasion Amahmah si in ong kipia ahiman in, ih mai-lam pen tawntung sihna tawh mongbei nawnlo ding hi. Pasion mahmah ong sihna hang in eite in zong tuabang in ih thuak kul nawnlo hi. Khriis eite tang in singlamteh tungah ong silo hileh, Tua sihna pen mawhna in ong puak ding ahihi.

FRIDAY

Jan. 20

SIM BEH DING: "Mongneilo Jesu i khuangaihna leh itna, eima ai-awh a gankhakhawh bang-a ong kipiak-khianta te in ih vei mahmahna lungsimte ong kalh hi. Ih ngaih Honpa i gamtatpianzia te ih thuuk ngaihsut kul hi . . . Pasion leh Jesu i thuthuukna ih thuuk ngaihsut ciang in, ih upna leh ih itna te khangto semsem in ong thakhauh ding hi. Ih thungetnate zong Pasion' mai ah saanthamcing ong suak toto ding hi. Hihbang ong pian theihna thu pen Upna leh itna te ong kigawm tohtoh hang ahihi. Cimna leh khamuanna te ong khangto tektek ding-a, Jesu sungah upna te ong khauh semsem in, nisim-a, Ama vangliatnate hang-a, a hing tuah-khakthu te in Pasion kiang a zuan khempeuh Jesu hang in hotkhianta ngah ding hi. (**E G White, Steps to Christ, Lai 89, Akitomlaak**).

LESSON 4

Jan. 21-27

HEHPHNA NEI PASIAN LEH THUKHEN PASIAN

Sabbath Nitak

Jan. 21

TU KAL SUNG SIM DING: 1 Kaw. 3:13; 2 Kaw 5:10; Pian. 3; Pian. 6; John 3:17-21; Mang. 14:6, 7.

KAMNGAH: "Apha hita leh asia hita leh, a simtham-a ih hih simte nangawn i hihna khempeuh ah Pasion in thu hong khen ding hi." (Thusia. 14:12).

THU BUL PHUH: Thubu sungah, hotkhiatna i thumung-phuh athupit mahbang in Pasion' thukhenna zong thupi mahmah hi.

A kaplup ding pa a-u ham pisal khat zom ah galkap khat ding hi. Tua pisal u hampa pen minam tung leh biakna tung-a ciampel ahihi. Galkappa in athau alap toh ciang in, pisal u ham pa in, "vantung ah Pasion a om na thei maw. Amah in na khempeuh mu-a, ni khat ni ciang in nangma gamtatna bang in thu ong khen ding' na thei maw" ci hi.

Tua khitteh galkappa in pisal u hampa kaplum hi. Thubu cih bang in pisal u hampa thumaan hi. Vantunga ah Pasion om-a, Amah in na khempeuh thei-a, Amah in na khempeuh thu ong khen ding hi. Hih Pasion' gamtatpianzia khenkhat athupitna i kaan ciang in, thukhenna nangawn ah Pasion in Ama' alamdang hehpihna alah ih mu hi.

SUNDAY

Jan. 22

THU KI KHEN NI (Mang. 14:6,7)

Pasion' thukhenna i thumungphuh Laisangtho sung bup ah ki mu thei hi. Thukhenna pen hotkhiatna leh lungdam-nathu tawh ki elpuak lo hi.

Hih Laisiangtho munte sim in. Thusia. 12:13, 14; 1 Kaw 3:13; 2 Kaw 5:10; Heb. 10:30; Mt. 12:36, 37; 1 Pet. 4:17, leh Mang 14:6., Amaute' gen thu bang ahia. Thukhenpa kua ahia. Hih thukhenna te ah bangthu piang ahia. Hih Laisiangtho munte in, Pasion' thukhenna thu ong hilh bang hi-a, a piang takpi bang ahiam.

Laisiangtho mun pawl khat in thukhenna thu kitel takin ong hilh hi. Thubu Thak sung mun tampi ah thukhenna kitel tak in ong hilh hi. Hihthu in, thukhenna leh Thuciamna Thak sung-a Pasion' heh-pihna thu paizia te kisai nawno cih thukim pihlo hi. Pasion' hehpihna Thuciam Thak sungah zong kitel tak in aki hilh ahihi. Hihthu in hehpihna leh thukhenna te thupi khawm in, nasem khawm ahih ong thei sak hi. Lungdamnathu sunga hihte geel akhat peuhpeuh tuam dawh khat pen theih khialhna ahihi.

MONDAY

Jan. 23

EDEN HUANG SUNG-a THUKHENNA LEH HEHPHNA

Ih mawh puukna tangthu, Pian. 3, sung sim in. Bangci lampi tawh hih thukhenna leh hehpihna thumungphuh-te anih in, hihmun ah kilak hiam.

Adam leh Eve ong puuk phet un, Topa in amaute ava vil ding in amaute kiangah va pai pah hi. "Koi ah om na hi uh hiam" ci-in, sam khia hi. Hih asapna pen amaute amawhsak ding-a, Topa ava pai hilo hi. Hihpen Topa in a sapna azawtna hi-a, a puuk khin nupa kopte Ama' kiangah itna tawh amaute Apiangsakpa kiangah asam kik ahihi.

Pasian in adot ding teng aman khit ciang in, asepen masak pen satan' tung-a athukhenna atangko' khat ahihi.

Pian. 3:15, pen, lungdamnathu kamciam masa-pen ahihi. Thukhenna mai nangawn ah, hehpihna kamciam pen asan ding un kipia hi.

TUESDAY

Jan. 24

TUICIN

Leitung ah, asawtlo-a, thukhenna atung ding, Laisiangtho in a gen, Pian. 6:5, sung-a tuicin tunna tangthu a hang bang ahiam.

Ong tung ding thukhenna a om sa, Pian. 6:14-22, sung-a, tuicin tunna tangthu sung nangawn ah Pasian' hehpihna, bangci kilah hiam.

Gunkuangpi alamh kawmkawm in, Noah in leitung mite atungding thukhenna vauhilhna na pia hi. E.G. White in, tuicin tunna vai hibang in na gen hi. "Tuicintun ma-a, mite in aki vauhilhnaate uh na thusim in agamtat siatna pan un na kisik kik uh hi leh Topa in, tuicin tungsak lo ding hi." **Patriarchs and Prophets, Lai. 97, Akitomlaak.**

Gunkuangpi ki lamhna in ong tung ding siatna pan in suahtakna ong luui hi. Thukhenna ong tu'n

ding pen dotna vet zong omlo hi. Hehpihna mi khempuuh in asan theih nading in thukhenna na zekaai mahmah hi. Tu'n hehpihna kong kikhak ta hi.

Pasian' hehpihna sungah na ki pum ap siam nading in, leh Jesu i meel (image) a sun ding in, na nuntakna Amah na kheel sak nading in na ki bangci sin theih diam.

WEDNESDAY

Jan. 25

MAWHSAKNA LEH HEHPIHNA

John 3:17-21, in thukhenna thu bang gen hiam. Hehpihna leh thukhenna te in vaipuak aneihna tuak uh hih Lai-siangtho munte in ong bangci gen hiam.

Aneu 17 na a, "mawhsakna" cih kammal pen "thukhen" cihna zong ahihi. Hihmun ah adeihna pen "mawhsakna" hi cih kitel mahmah hi. Pasian in Thubu sung mun tampi ah leitung ah thukhenna ong tung ding na telgen khin hi.

Hihmun ah thunih om-a: hehpihna leh thukhenna te' thumungphuh ong dawkh hi (1) Mawhna khuamial leh gitlohna te in thukhen ding leh dan pia ding in, Pasian' thumaanna a kisapna tun to hi. (2) Hih hun sung teek mah in, mawhna abawl mi aading in Pasian' hehpihna ki luui-a, tua lampi pen Jesu Khriis sung ah upna tawh ong piang hi.

Jesu a um te ki mawhsak nawnlo hi. Khriis i kaw-banglo gamtatpianzia in thu ummi peuhpeuh tuamcip in, tu in, amaute in mawhsakna om nawnlo in, thukhenna pan suakta in om tek ta uh hi.

John 3:17-21, sung ah mawhsak nading bang paulap ong kipia hiam.

THURSDAY

Jan. 26

AMA' THUKHENNA HUN (Mate 10:26)

Mang 14:6,7, sung-a, vantungmi khatna' tangko' sim dih in. Hih sungah Pasian' thumaanna leh hehpihna a kisapzia bangci lah hiam. A tunga thu tawh Pian. 3, sunga hehpihna leh thukhenna akizopzia bangmun tengah ki gual bat hiam.

Hihthu, ciapteh ding in bangzah in lungluthuai hiam cih leh vantungmi in "thukhenna hun ong tungta" hi cih avauhilh ma-in, "tawntung lungdamna thu" hilh khin hi. Vau-hilhna pen thukhenna ma-in, ong pai khin hi. Tua hi keileh thukhenna in mi khempeuh mawhsak ding hi. Mi khempeuh mawh khin ahihleh a peng' kuamah omlo mawk ding hi. Mi khempeuh in Pasian' thukham palsat khin hi. Tu'n leitung ah akhak bel vauhilhna thupuak ahi, Pasian' hehpihna kitangko hi. Tua hi kei leh, thukhenna in, kuamah map loin thu ong khen ding hi. Hehpihna om kei leh zong Pasian in hih leitung thu ong khen veve ding hi mawk hi. Ih hamphatna ah, leitung-a, Pasian' anunung pen vauhilhna thupuak, "atawntung lung-damnathu" tawh kipan zenzen hi.

Hih hehpihna leh lungdamna thupuak midangte' kiangah aki zelh nading in bangmun ah pang in na huh hiam. Hihthu akizelh beh nading in na huh beh theihna bang om lai hiam.

FRIDAY

Jan. 27

SIM BEH DING: "Jesu in ahehpihna sung pan in, mite

na asawl ahihi. Satan in bel amaute Pasian' mai-ah thukham palsatte ci-in ong mawhsak hi. Pasian' mite in Pasian umlo-a alunghian ding un, Satan in hamciam hi. Bang hanciam lai hiam cih leh mite in Pasian a upna amansuah ding uh, Pasian' itna pan ki khenkhiaa, Pasian' thukham apalsat ding uh ahihi.

"Jesu in amaute" mawhna khahkhong lo hi. Amaute a kisikkik ding in leh a up ding un hilh zaw hi. Na mawhna uh ong kimaisak khin hi ci-in, tangko hi. Pa Pasian' mai leh asiangtho vantungmite' mai-ah aliam akhutte lamto in: "Amaute amin un Ka ban theih hi. Ka khutpekte sung ah amaute ka kui khin ta hi" ci hi. **The Great Controversy, Lai. 484, Akitomlaak.**

LESSON 5 Jan. 28- Feb. 5

PASIAN' SIAN'THONA

Sabbath Nitak Jan. 28

TU KAL SUNG SIM DING: Mt. 11:10; Mk. 1:2; Pian. 2:3; Job.
42:5,6; Lk. 5:1-11; Lk. 4:31-36;
Isa. 6:1-3; Mang 4:8,9.

KAMNGAH: "Topa ih Pasion zahtak un. Ama' mualsiang-
tho ah va bia un. Topa ih Pasion siangtho
hi." (Late 99:9, NlrV).

THU BUL PHUH: Thubu in Pasion' sianthona ih kin
mahmah ding ong hilh hi. Hih sianthona in Pasion'
thu bang ong gen hiam. Gupkhiatna geelna ah hihthu
in bang akhiatna nei hiam.

Laisiangtho at khempeuh te' thumaan-a asan
uh athupipen sandan khat pen vantung Pasion om
taktak cih ahihi. Laisiangtho at akuamapeuh in hihthu
lungiang lo uh hi. Tuahi-a, Pasion pen vantung ah
om taktak cih thumaan ih san ahihi.

Thubu 66, sunga ih muh thute pen Pasion bang
tawh kibang cih ih theih nading thu tampite leh Ama'
ong hotkhiat nop apuuk khinsa mihingte tawh Amah
in bangci nasep cih te ong hilh ahihi.

Tukalsung-a ih sin ding pen, Thubu sunga
athupi mahmah Pasion' pianzia khat ahi sianthona
ahihi.

Pasion, siangtho hi ih cih ciang in bang akhiatna
nei hiam. Thubu in Pasion' sianthona bangci lah hiam.
Asiangtholo mihingte in hih asiangtho Pasion ih bangci
biak hiam. Ih bangci bawl hiam.

SUNDAY Jan. 29

LAISIANGTHO SUNG-ah KIGELH HI

Jer. 7:1-13, sungah, Thuciam Lui lai-a, kam-
sangte in, akibang bang kammal zangh phapha uh
hiam.

A tul tampi vei in, Thuciam Lui lai-a, kamsangte
in, "tuabang in Topa in ci hi," cih na zangh uh hi.
Hihthu in bang ong phawk sak hiam cih leh kamsangte
in Pasion' thu agen lel bek hi loin, Pasion in kamsangte
tungtawn in Ama' thu Amahmah in agen zaw cih ahihi.

Thubu Thak leuleu in zongh Thubu Lui sunga
thu tampite mah siksian hi. Thubu Thak sunga Pasion
thu ong kihilh khempeuh Thubu Lui sunga te tawh ki
valaak tak in kizom hi. Agentehna in, Jesu i ki
gankhakhawh kipiakna leh Thuciam Lui hun-a,
biakpiakna ngeina te khempeuh bangci kikhen theih
ding. Thuciam Lui pan in Thuciam Thak khenkhiat
nading paulap hoih omlo hi. Laisiangtho buppi pen
Topa' humuap vive ahihi. (2 Tim. 3:16)

Mt. 4:4; Mt. 11:10; Mk. 1:2; Mk. 7:6; John
12:14,15; Sawl. 13:33; Rom. 3:10; Gal. 3:13; 1Pet. 1:16,
leh 1 Kaw. 5:7, te sim in. Hih Laisiangtho munte in,
Thubu Lui leh Thubu Thak akizopia ih theih nading
in ong bangci huh uh hiam. Hihmunte in Thubu Lui
i deihna leh Jesu leh Thubu Thak ngelhte' ngaihsutna
bang ong gen uh hiam.

MONDAY

Jan. 30

THUTUAM VILVEL-a SEHKHIAT DING

Pian. 2:3, siksian in, Thubu sunga, "sianthona" ih theih masak thu bang ahiam. (Tua kammal teek pen kisiang-thosak in ki let zeelzeel hi). Hihthu bangzah in thupi cih pen Thubu sung-a, amasapen-a, ong daw k sianthona ngaihsutna sandan in "hun" ahiah hang ahihi.

Hih Laisiangtho mun pen sianthona ih theih masakna mun ahihi. Hihmun in hun "aki sehkhiat tuamna" ong lak hi. Ni sagihna ni zong ih ngaihsut phat ciang in, a om lai ni dangte ni khat nai 24, nitum pan nitum dong aki siim nite tawh ahun sauna bangmah kilamdanna nei tuanlo, asan adum hi tuanlo hi. Tuahi-a, aki lamdang sak kua ahia. A ni in akilamdanglo phial ahi zong in, Pasion in tuani pen "siangtho" ci-in tangko khia a, nipikal a om lai nite lak pan in tuam sehkhiat vilvel se hi.

Hihmun-a Hebia kam-a "siangtho" cih pen "asiang-tho-a bawl" ahiahkeileh "asiangtho in tangko" cihna ahihi. Hih sianthona in na khat peuh asiangtho-a tuam bawl diak cihna ahihi. Ahiahkei leh na khat peuhpeuh asiangtholo lak pan in tuam sehkhiat cihna ahihi.

Hihmun ah, athukhat tawh, hih siangtho cih sandan in, Pasion' sianthona ih theih nading in, hong huh kha ding hi. Piansakna-a na khempuuh lakah Pasion pen atuam in kiese khia hi. Pasion pen ih theih bat zawhna leh ih sep theihna te tung kheng pekpek in gamla' om mahmah hi. Ni sagihna Sabbath

T-3

ni asiantho mahbang in, siantho' ding pen atuam vilvel in, athutuam deuh mah ahihi.

TUESDAY

Jan. 31

LEIVUI LAK LEH VUT LAK PAN KISIK DING

Pasion' sianthona leh mihing mawhnopna lungsim akilamdanna, Job i kammalte in bangci gen hiam. (Job. 42:5, 6). Job in ama' tuahkhakthute athuakna eite ong gen hi. Bangci lampi tawh Job i thuaknate in lungdamnathu ong hilh hiam.

Vantung ah Daniel aki itna ki gen zeelzeel hi. Daniel in, Dan. 10:5-8, sunga amangmuhna ah amah bangci om hiam. Tua mangmuhna ah banghang in amah tuaci om ahi diam.

Hihmite mi thumaan mi citak, Pasion um misiangtho leh kamsangte ahi uh hi. Pasion mai ah lau in ling in, Pasion abiak uh pen aki lawmlohna uh leh amawhnop suahpih lung-simte asiangtho Pasion' mai ah aki phawk hang uh ahihi. Hihthu in Honpa khat akisapna uh, leh asiangtho Pasion leh apuuk mawhneite aki khenkhiatna aki zop kik nading uh lei dawh khat aki sapna uh phawk sak hi. Jesu sungah tua lei dawh ih neih Topa' tung ah ih lungdam hi.

Hih atung aa mite bang in, nang zong na tuahkhak theih thu lungngai dih in. Nangmah in zong tuaci tuahkha lecin na bangci gamtat diam.

WEDNESDAY

Feb. 1

KEIMA KIANG PAN IN TAIKHIA IN

Laisiangtho Thak a-atte in Pasian' sianthona ong bangci hilh uh hiam. Lk. 5:1-11, sung sim in. Hihmunte' genna ah, Thubu Lui leh Thubu Thak in aki bang in Pasian' sianthona bangci lah uh hiam.

Hih mite pen ngasabengte ahih hang uun, zan thapai hamciam in ngasa abet uh hang in, khat zongh amanlote ahi uh hi. Jesu in ahihleh bel ahanciam anungzuipe aadingin, ngasa matsiam nalamdang na lak khin hi. Hihthute ong muh khit uh teh nungzuite' sep ding thu pen tua nalamdang amuh thute hang un lungdam koh na aneih ding uh ahihi. Peter in omdan lamdang khat ong nei keei hi. Ama' gamtatdan pen Topa tawh aki thuah mite' omdan tawh ong kibang lua hi.

"Peter in a Topa it lua kisa in sianthona mai-ah amah siangtholo kisa lua hi. A lawmte un ngeen sung pan in ngasa akhop laitak un, Honpa' khephung ah tu in, hihbang in pau hi. Keima kiangpan in taikhia in, keimah mawhnei mi ka hihi. Topa aw," na ci hi.
The Desire of Ages, p. 246, Akitomtaak.

Banghang in, Peter in hihbang in na ngaihsun ahi diam. Eite pen Eden huan-a, Adam leh Eve te bang ih hihloh hang hi ngel hi. Eden huan ah Adam leh Eve te in nikai lam khuavot deuh hun in Pasian' ompiha na muak uh hi. Hih hunnuam hun pen manlang tak in ong ki kheel vat hi. Bang-hang hiam cih leh nupate in, mawhna ong bawl in ong taai in ong bu uh hiven. Hih gamtatna pen Laisiangtho tangthu sung khempeuh ah dat in khenghchih hi. Mihingte in Anungta Pasian tawh aki tuah sial in, amaute i suaupih mawhnopna lungsim bangzah in lian in mulkimhuai hiam cih a theihna uh ong khangto semsem hi.

THURSDAY

Feb. 2

DAWITE ONG PAU

Lk. 4:31-36, sungah Khri i sianthona thu bang teci ong kipia hiam. Hih Pasian' sianthona tangthu pan in bang theihpilna ih sin thei hiam.

Mang. 4:8, 9, sungah, John in Pasian' tokhom kiim-a, vantung-a a om mite' thugente bang za hiam.

Pasian pen ki itna hi-in, Amah vantung-a a om mi khempeuh in bia uh hi. Vantung Pasian' kumpi tokhom kiim-a, ading khempeuhte in Pasian' sianthona sun leh zan in aphant uh ahihi. Mawhneilo nuntakna tawh van mite in Pasian' sianthona zahtak mahmah in na lak uh hi. A puuk khin mihingte bang in bel kisuang gualgual in laulo uh hi.

Pasian tawh a om khawm den bang in, Ama' siantho-nate phawk den lehang ih kampaute ih gamtatnate leh ih nuntakna te ong koici kilamdan ding hiam.

FRIDAY

Feb. 3

SIM BEH DING: "Biakinnpi sung-a mi honpita lakah Khri ong ding in, "gamlumh henhanna ong dai hiau hi. Sum kilei kideekna awgingte ong mit hi. Gamdaihna in lungsim sukha mahmah hi. Mipite lamdangsakna tawh kidim uh hi. Khri a et uh ciang in, Amihing pumpi tungah A Pasian' vangliatna atee mipi in mu uh hi. Vantung khuavak Amaitang ah taang hi. Amah in thu ong gen in, a aw siang mahmah-a, biakinnpi sung khempeuh ah hibang in kiza hi. "Hihmun pan in taikhia un! Bangci bang in Ka pa inn sumzuakna suaksak ngam na hi uh hiam." (John 2:16, NIrV). ***The Desire of Ages, p. 118, Akitomlaak.***

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LESSON 6

February 4-10

PASIAN: THUKHAM PIAPA

Sabbath Nitak

Feb. 4

TU KAL SUNG SIM DING: Heb. 12:21; Rom. 7:8-13; Job. 24:14, 15; Pai. 16:4-30; Heb. 8:10; 10:16; Rom. 13:8-10.

KAMNGAH: "Bang hang hiam cih leh Topa pen eite' thukhenpa, Topa pen eite thukham ong piapa, Topa pen eite' kumpi ahihi; amah in eite hong honkhia ding hi." (Isa. 33:2).

THU BUL PHUH: Pasion' thukham in Ama ong itna ong lak hi. Itna ih neih ciangiin thumaankipkhona leh Pasion' tukham i ahoihna te a lak ih hihi.

Eite SDA te ih hihna tawh thukham pomdan ong kihilh pen thukham ih cih Akawkbanglo Pasion' gamtatpianzia ettehhoih cih ahihi. Acihknopna ah Pasion kikhel ngeilo in, a thukham zong kikhel ngeilo hipah hi. Tangthu sunga gamtat-sia pen kumpi pawlkhate ngaihsun dih in. A thukham (Upadi) khun dan un, amaute abangci lungsim neite cih bangci lah hiam.

Thukham in thukham apiapa' gamtatpianziate lak hi. Tuahi-a, tu'n Pasion' thukham pen eite' hoih nading-a, ong dal lam ih theih teh, Pasion bang tawh kibang hiam, cih ong teltheih siam zaw sak hi. Tukul sung in, thukham leh thukham Apiapa' thu ih tam sin ding hi.

SUNDAY

Feb. 5

SINAI MUAL-a THUKHAM

Pai. 19:18, 19; Pai. 20:18; Thkna. 5:22, leh Heb. 12:21, te sim in. Sinai Mual ah thukham aki piak ciang in banghang in Israelte lau in ling uh hiam.

Thukham in mihingte singlamteh lam na zuatpih in gupkhatna leh mawhmaina te akisap uh na lak hi. Thukham' mai ah mite adipkhuat uh lamdang sak huai lo hi. A hang pen thukham in mihingte' mawhna pianzia mawhnopna alah hang hi.

Rom. 7:8-13, in, hih athupi thumaanthutak bangci lah hiam. Pawlul in Thukham i sep bang gen hiam. Late 119:6, zong sim in.

Hih Laisiangtho mun-a, Pawlul gen Sinai Mual-a thupiangte mah EG White in, na gen pha kik hi. **Buaina pen Pasion' thukham hang hilo hi. Mawhneite in Pasion' thukham apalsat hang un kibuai hi zaw hi.** Ih vekpi in zong amawh khinte ih hihi. Thukhampen lungdamnathu tawh bangci ki thuhual' cih Pawlul in ong lak ahihi. Paulul i kawkmun pen, mawhna eite in bangzah nei cih, thukham' pholaak khatna alak ahihi.

Nangmah mah thukham' mai ah lau in na ling hiam. Tua thukham in, mawhna anei in ong kisuang sak hiam. Pai. 20:1-17, sung na sim ciang in, thukham aki piakna in na lung-sim bang ong sukha hiam. Amaute tawh kisai thukham aki-piakna leh na gamtatnate etkaak dih in.

MONDAY

Feb. 6

SINAI MUAL ma-a THUKHAM

Sinai Mual ma-a thutang leh thukhial a na om khit ih theih nading in, Job 24:14, 15 in ong bangci huh hiam.

Abimelek kiangah Sarah thu Abraham in zuau agen ciang in, Pasian in tua zuau genna hang in Abraham na tai hi. Abimelek pen Gerar te' kumpipa hi-a, Judahte hilo hi. Tua hunlai in Thukham Sawm aki piak nailoh hang in, asiangtho nupa kitenna tawh kisai kepcing ding Thukham Sawm ii kalh Pasian in Abimelek hilh khin hi. Tua ahihman in, aki sutsa Sarah pen Abraham' kiangah aki puak kik ding in, Pasian in thupia ngiat hi. (Pian. 20:9), sim in.

Pasian in Isaak kiang ah apa' thu bang gen hiam.

Pian. 26:5, sunga alunglut huai thu pen, thukham tawh kisai Hebiate' zat akibanglo kammal li te ahihi. Tua kammal li te pen **mshmr**, **mzvot**, **hugot** leh **torot**, **Torah** (thukham) cihte ahihi. Hih kammalte pen Abraham in thumang hi, cihna ah kizangh hi. Hihte khempeuh pen Thukham Sawm cihna vive ahihi.

Sinai Mual ma-a thukham omlo cih sandan pen akhijatna om vetlo hi. Bang hang hiam cih leh thukham thu ana ki hilh khit hang ahihi.

TUESDAY

Feb. 7

SINAI MUAL ma-a SABBATH

Pian. 2:1-3, sungah, Sinai Mual ma-a Sabbath thu eite bang ong ki hilh hiam.

Azom in, Pai. 5:15, sungah Mawsi leh Aaron te

in Faro tawh aki tukalhna te uh ong gen-a, tuapen Israelte apaikhiat nading akiphal nading kinialna ahihi. Aneu 5 na, pen lunglut huai mahmah hi.

Pai. 5:5, sungah. Sabbath thu athumong bang om hiam.

Faro in Mawsi te' thusun adawnkikna ah, "A nasepna pan un amaute na tawlna sak hi." (NKJV), cih kammal in, tawlna cih ong tellah-a, kammal kizangh cil sungah akitel mahmah hipah hi. Tawlna cihna in kammal tampi kizangh a, Faro i a na zat pen "Sabbath" aading in gamtatna (verb) in na zangh hi. Mawsi leh Aaron te' kiang-a Faro i zat kammal cil pen hihbang ahihi. "A nasepna pan un amaute na Sabbath sak hi." Hih kammal pen Sinai mual ma-a, Sabbath tawl-ngakna thumaanthutak i athumong ahihi. Na sabbath nuntakna koici bang ahia. Sabbath na it maw. Gimneih mai na hia bang? Ama Sabbath letsong piak ni, Topa' tungtawn in, athuk zaw leh amanpha zaw nuntakna in na bangci bawl theih diam.

WEDNESDAY

Feb. 8

THUKHAM LEH KAMSANGTE

Isa. 48:17, 18; Late 119:69-72; Late 119:97-103, leh Jer. 31:33, te in, Bangci lampite tawh, thukham na phat uh hiam. Bang lungsim puakzia na lak uh hiam.

Israelte in thukham it uh hi napi, Thukham' deiha athei-a aki neite na ngawn in, gupkhiatna' lampi ding in na ngaihsun kha ngei lo uh hi. Hebiate' biakna pen hehpihna biakna hi den hi. Ahizong in,

LESSON 7 February 11 - 17

SABBATH ii TO PA

Sabbath Nitak Feb. 11

TU KAL SUNG SIM DING: Pain. 2:1-3; Pai. 20:8-12; Thkna.
5:12-15; Mt. 12:1-13; John 9;
John 19:30.

KAMNGAH: "Sabbath ni mite' aading-a kibawl hi. Mite
Sabbath ni aading-a kibawl hilo hi. Tua
ahihman in mihing Tapa in Sabbath ni
nangawn a ukpa ahihi." (Maku 2:27, 28,
NirV).

THU BUL PHUH: Ni sagihni Sabbath in, Jesu pen ih
Honpa leh ong Tankhiapa ahih ong lak hi.

"Aki patcil in Thu na om khin hi. Thu in Pasion
tawh a om khawm hi. Tua Thu in Pasion ahihi. Amah
aki patcil in Pasion tawh na om khawm khin hi. Na
khempeuh amah tawh kipiangsak hi. Aki piangsak
na khempeuh Thu loin, aki piangsak khat beek a om
kei hi. Ama sungah nuntakna a om hi. Tua nuntakna
in mi khempeuh aading in khuavak ahihi. Pasion' tate
in, si leh sa tawh suak ahi kei uh hi. Nupa te in deih
in suak zong ahi kei uh hi. Pasion' deihna bang in
asuak uh ahihi." (John 1:1-3), NirV).

Hih Laisiangtho munte in, Jesu in "na khem-
peuh" a Bawlpa ahih ong lak in, "ama min a um te"

khempeuh gupkhiatna a piapa pen Jesu ahih zong
ong lak hi. Hihthute in Jesu pen Piangsakpa leh Honpa
ahihna ong lak hi. Thubu in ong lah mahbang in,
Jesu sepsa hih athupi thu nihte pen Sabbath thupiak-
na sung ah kimu hi.

SUNDAY Feb. 12

PIANCILNA SUNG-a SABBATH

**Pian. 2:1-3, sungah Pasion in Sabbath
piangsak ahih mahbang in, Ama nasep li te bang na
kiciamteh hiam.**

Tua Pasion' nasep li te pen: Amah in ni khat
piangsak, tua ni in tawlna-a, tua ni pen a ni sagihna
ni in thupha pia in, tua ni siangtho sak hi. Adeihna
pen Pasion in a ni sagihna ni pen siangtho sak
ahihkeileh asiangtho-a zat ding in sehkhia tuam cihna
ahih. Pasion mahmah a ni sagihna ni in, "tawlna"
cih bangzah in lunglut huai hiam. Hihthu in, Pasion
in Ama Sabbath ih tan ding bangzah in deih cih ong
lak hi. Pasion mahmah tua ni-a, tawlna hizen hi!

Pian. 2:3, in ong telgen na ah, Piangsakpa in,
ganhing leh mihingte a zan in thupha apiak mahbang
in, ani sagihna ni "thupha na pia" hi. (Pian. 1:22, 28).
Pasion in a thukham li na thupiak sungah Sabbath
thupha na gen hi. Hih piansakna Sabbath pen nipikal
Sabbath tawh atawntung in ki zom hi.

Pian. 2:1-3, sungah, "ni sagihna ni" cih kammal
bangzah vei kigual cih phawk dih in. Hihthu in bang
adeihna ahi diam.

Hihthu atuam vilvel ni, thum vei na gual hi.
Hihthu in ni sagihna Sabbath ni bangzah in thupi cih

ong lak hi. Ni sagihna Sabbath ni pen nipikal khat sung-a, a om lai nite lak pan in tuam sehkhiat liiuleeu se hi.

MONDAY

Feb. 13

PAIKHIATNA SUNG-a SABBATH

Pai. 20:8-11, sungah, Topa in ih sep ding bang ong gen hiam. Tua paulap (reason) thu hang in asem ding in ong kigen ahi diam.

Hih thupiakna pen anuai-a bang in ong kitellah hi.

- A. Thupatna "*Sabbath ni phawk in.*"
- B. Thupiak. "*Ni guk sung na sem in*"
- C. Paulap. "*Ni sagihna ni pen Sabbath ni hi.*"
- B1. Thupiak. "*Tua ni-in bangmah nasem kei ding hi.*"
- B2. Paulap. "*Topa in ni guk sung in vantung leh leitung, tupite piangsak in tawlna hi.*"
- D. Thukhupna. "*Tua ahihman in Topa in Sabbath ni thupha pia hi.*"
- A. In Hih thupatna sung-a athupi Sabbath i thukhunpi te leh kip hi.
- B. In Ni guk sung nasep ding ahoihlam thupiak in saang hi.
- B1. In Sabbath ni in, bangmah seploh ding in behlap hi.
- C leh C1 te in thupiakte i paulapte ong gen hi.
- C. In Hun i let mite ni guk sung nasep ding leh ni sagihna Topa aa ahih phawksak hi.
- C1 In Tawlnagak nadinga thukhun a om paulap pia hi.
- D. Pen Pian. 2:3, sung-a, Pasion sianthona leh Sabbath akiapiak tawh kizom hi.

TUESDAY

Feb. 14

THUHILHKIKNA SUNG-a SABBATH

Thkna. 5:12-15, leh Pai. 20:8-11, te etkaak in. Thukhamte bangci kibat hiam. Bangci kilamdan hiam. Tua aki lamdannate banghang in thupi hiam.

Hih thukhamte nih akibatna tam mahmah in, Thuhilhkikna Thubu sungah bel abehlap thak khat om hi. Thukhamte anihtuak in, nasemte Sabbath ni-in akhawl nading thu gen tuak na pi-in, Thukhilhkikna in bel kammal khauhzaw na zangh hi.

Tha-aam a nasep khengval asepep sak loh nading in Sabbath in dal, in kho hi. Hih kidalna pen thupiakna tawh thuneihna (right) ding in, akipatcil Piansilna mahmah pan in na om khin hi.

Sabbath tan ding in akiseh masakpen hun akipan tuhun dong in, mawhna a omlo, a kawkbanglo leitung aki Piansakna phawkkik nading ahihi.

Tua ahihman in Sabbath pen piansakna limciina khat ahihi. Mawhna ong lut khitteh Sabbath pen Piansakna leh gupkhiatna te i limciina (phawkna) ong suak hi. Gupkhiatna mahmah pen Piansak-kikna, gentehna khat hong hihi.

Nangmah sila nahihna pan-a na suahtak nading in, Khri i ong kamciam khitsa thu ngaihsun dih in. Bang suahtakna kamciam Jesu sungah na nei hiam. Tua suahtaknate na neih nading in, na bangci sin theih diam. Topa in na nuntakna ah na ong sep takpi nading in na bangci phal diam.

WEDNESDAY

Feb. 15

JESU LEH AMA' SABBATH: Khen (1) Na

Mt. 12:1-13, sung limtak in sim inla, Sabbath damsakna thu pawlkhat zongh limtak in kan in. Na sim khितtehang nangmah leh nangmah ki dong in: Damsakna i athunung ah bang om hiam. Tua ni-in, banghang in Jesu in tuabang in na sem hiam. Hihmun ah Jesu in kilangh tak-a asep, athupi kawkmun bang a hiam.

Aneu 7 na pen athupipen ong telgen na mun ahihi. Hihmunin hih thugentehna hihbang in onglak hi: Tuate in mihingte' thu, hehpihna, migitna leh midangte itna ahihi. Sabbath in hehpihna, migitnate akisam mite tungah ni dang nite saang in piak theih nading hunpha nei zaw hi. Nipikal khat sung, a nidang hun khempueh pen ih nuntak nading-a na ih sep ni, ih kitaaklah ni ahiihang ahihi. Sabbath ni tawh kisai vangik ong suanh pen mihing khun tawm thukham kibehlapte hang ahihi. Hih thukhunte in, Pasion it ding leh midangte it ding aki lak ding thumungphuhte mite kiang pan in hemkhia hi. Thubu in itna pen thukham' deihcin sakna hi, ci hi. Itna alangpan thukham khempuehte hepkiat ding ahihi. Judahte' khutnuai-ah, Sabbath ni pen itna omlo thukham ong suak in, zuihtentanna ong hihi. Itna omlo thukhom zuihna tawh mi khat ni adang bang lampite lak thei hiam. Tuate mah tawh aki bang mawhna na bawl khak a om diam.

THURSDAY

Feb. 16

JESU LEH AMA' SABBATH : Khen (2) Na

Jesu Leitungah anuntak lai in, Sabbath ni-a tawlngah athupitna na puah pha hi. Tuahi-a, Amah tua

ni in, sihna sungah na om takpi hi. Mt. 27:67-66; 28:1; Mk. 15:42; 16:1; Lk. 23:52-56; 24:1, leh John 19:31-42; 20:1, te sim in. Hihmun ah lungdamnathu a atte in, akibang khat agen kim uh bang ahiam. Athupizaw ah, hihthu in Sabbath thu bang gen hiam. Sabbath aki zangh lai mah ding ahiam. Ahihkeileh aki sam nawnlo mah ahiam.

Jesu in "kiman zo hi" (John 19:30), acih khit ciang in, ih Honpa ahihna tawh bang sem hiam.

Jesu Sabbath ni-in tawlnga hi. Hihthu bangmun ah ih theihsa ahiam. Amah atawlnga takpi-mah ahihi. Amah in ani gukna ni, ni atum phet in, tawlnga pah hi. Pian. 2:1-3, sungah ih mu khin hi. Pasion i Piansakna amanh khit ciang in, Jesu a ni sagihna ni in tawlnga hi. Tu'n, Ama' gupkhiatna nasep azawh khit ciang in, Jesu in akibang thu mah sem hi.

Ni sagihna Sabbath tan ding pan in, Jesu in mite nawhkhia cih kiseelna (argument), phawk dih in. Sabbath kihemkhia leh singlamteh khit cing in, banghang in, Jesu Sabbath ni-in, tawlnga ding hiam.

Tuahi-a, anuntak lai hitaleh asih khitciang in zongh hitaleh anih tuak in, Sabbath ahin lai na leh athupit mahmahna Jesu in ong lak hi.

FRIDAY

Feb. 17

SIM BEH DING:"Pasion in pianpihnate" nasepna tawlkhatzong khawlsak loding hi. Khawlsak leh mihingte thazawm in ih si ding hi. Mihingte zongh Sabbath ni-a asep ding uh anei ahihi. Nuntakna i kisapnate don huai in kep huai hi. Mizawngte huh in, micinate huh ding ahihi. Sabbath ni-a, cina genthei ahuhlo mite,

mi huhlo ahihman in mawhnei in kisim ding hi. Pasion' tawngak ni siangtho ni pen mite' aading a kibawl ahihi. Mi hehpihna tawh na sepnate zong Sabbath thukhunte' deihna akicing sak ahihi. Pasion in apiansaksa nuntakna neite nai khat zong athuaksiat ding deilo hi: Sabbath ni ahihkeileh a ni dang ni-in zong noptuamna ngahsak nuam hi. ***The Desire of Ages, lai. 206, 207, Akitomlaak.***

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LESSON 8

Feb. 18- 24

PIANSAKNA KEP LEH DONNA

Sabbath Nitak

Feb. 18

TU KAL SUNG SIM DING: Rm. 1:25; 2 Pet. 3:10-14; Pian. 2:15; Neh. 13:16-19; Heb. 1:3; Late 100; Pian. 1:26-28.

KAMNGAH: "Topa Pasion in mipa la-in, Eden huan kho-in a kem ding in koih hi." (Pian. 2:15)

THU BUL PHUH: Khristiante in kim leh paam (environment) bangci kep ding hiam.

SDA khat ih hihna tawh kiim leh paam thu bang ngaihsut huai hiam. Hih leitung anit luat mahmah ih thei-a, zongh ong nin mahmah lai in, ni khat ni teh kisia in, meikuangpi sung ah ki haltum ding hi. Tu-in, ngasa omna, vasa omnate, gankhawkte leh ganhingte' tatnate niin sak in ih thaangbawl-a, bangci bang in ih hung thei ding hiam cih ih buai ta hi.

Pasion' ong piak letsong te akemte ih hih mahbang in, hih leitung ih kep ding ih vaipuak ahihi. Tuaban gen leng Pasion in na khempeuh piangsak in, "hoih mahmah" hi, ci-in tangko hi.

SUNDAY

Feb. 19

KAIKUANG NAMKHAT(Lobster) HOTKHIAT NADING VAIHAW MNA

Kiim leh paam ahu te khat ansai khat ah a lut leh, bungpi sungah kaikuang (lobster) tampi aki khum mu hi. Hihte asawtlo-a siding ci in, vei mahmah hi. A neite' muhloh kal-in a khut tawh tua kaikuangte pham mengmeng in a ip sungah koih samsam-a, helikopta tawh leng khia vingveng hi. Tuipi tung atun ciang in tuipi sungah tua kaikuangte khahkhia mang hi.

TV sung pan in tuathu kigen hi.

Kiim leh paam kepna thukhat hi-a, ansai pan-a, tua kaikuangte gu-a, tuipui sungah khahkhiat pen sep khengvalna khat ahihi.

Khristiante, SDA te diakdiak in, kim leh paam bangci kep huai hiam.

Jesu ong pai baih tading-a, eite' ih tangko bulpi pen hih leitung asawtlo in kisia tading cih ahihi. Hih leitung nin mahmah ta-in sawtvei kimang nawn hetlo ding cih ih thei hi. Tuahi-a, hih leitung bangci kin in vei takpi ding ih hiam.

2 Pet. 3:10-14; Isa. 51:6; Isa. 65:17, leh Mang 21:1, te sim in. Hih Laisiangtho munte in leitung i akhakbel mongbei nading kitel tak in bang hilh hiam. Hih kihilhna in kiim leh paam thu ih veina ong bangci huzap hiam.

Leitung Pasion in usia ding-a, "van thak leh lei thak" ong bawl sak kik ding in ong kamciam hi. Tua hun ciangin kiim leh paam pangzat cih om nawnlo ding hi.

Rom 1:25, sung pan in, athupi bang thupuak laak ding om hiam. Tua ih laak ding thupuak pen Pasion' piansaknate ih kepna bangci lah ih hiam cih ahihi.

Pasion' piansaknate ih kepna bangci lah cih Rom 1:25, sung pan in, athupi bang thupuak laak ding om hiam.

MONDAY

Feb. 20

PIANSAKNA AKEPNA THU A KI THUSUNNA (Heb. 1:1-3)

Kiim leh paam kepna buaidan SDA te in bang ngaihsun uh hiam. Hihthu ah bangci kihel in, aki khaikim in ih bangci hoih kep hiam.

Pian. 1:1, 26; Pian. 9:7; Late 24:1; Late 100; James 5:1,2,4,5, leh Heb. 1:3, te in, hih pawlpi' thusunna nung-a, apaulapte ih theih zawh nading in, bangci bang in ong huh hiam. Hih leitung leh asung-a nahoihte Pasion' letsong hi, ci-a, a um Khristiante ih hihna tawh eite in, hih nate aki kepna ah a makaite hih huai hi. Hih leitung pen Pasion' piansak hi ci-in thei ih hihman in, akem ding in vaipuak neite ih hihi.

Na huaihamna in kiim leh paam na bawldan bangci huzap hiam. "Keimah khat guak lel in, ka ut bangbang kasem zong in bang phamawh hiam, na ci mai hiam.

TUESDAY

Feb. 21

AKI PIANGSAKTE KEPNA

Mt. 22:37-40, sunga thukhunpite in bangci lampi tawh kiim leh paam tung-a ih ngaihsutna ong huzap hiam.

Thubu sung apatcilna ah mihingte' vaipuak

ettehhoih ong kipia hi. Tua pan hih leitung-a , a om sa Adam apiaksa na kepna cinna ahihi.

Pian. 2:15, sungah hibang in ih mu hi. "Topa Pasion in mipa la-in, Eden huan kho-in a kem ding in koih hi." Hihthu in bangci lampi tawh, mihingte in leitung akepdan ding lak hiam.

Hihtak ah thu kizopna ngaihsun dih in. Pasion in a et lawm kiim leh paam mihingte' aading in bawl hi. Mihingte' aading in letsong-a apiak ahihi. Adam' sep ding bang hiam cih phawk dih in. Amah in tua huan sem in akep ding ahihi. "Kem" cih pen Hebia kammal **smr** pan ong pai hi-a, akhiatna pen "vil ding" "puah ding" "dal(hung) ding" cihna ahihi. Tuahi-a, akipat tunga kipan leitung mawhna sungah apuuk ma-a, kipan in Adam pen Eden huansunga kiim leh paam akem ding in kisam khin hi. Pasion in kiim leh paam apangzat ding in Adam sawllo hi. Ama' angung hamphatna ding bek-a zat ding in genlo hi. Na sem-a, akem ding bek in sawl hi.

Na kiimkot, na kiim na paam na bangci dop hiam. Bangzah takpi na kem hiam. Nangma aading in athupi maw. Thupi lo ahia. Na dawnna khan kikup-na ah ong keng in.

WEDNESDAY

Feb. 22

SABBATH LEH KIIM LEH PAAM

Pau. 27:20, sim in. Hih Lasiangtho sung-a thumaanthutak in, piansaknate kep leh donna thubuai leh ih kiim leh ih paam ih pangzat alauhuaina tangtak in, bangci huzap hiam.

Hih thu buai lak ah Pasion' letsong Sabbath ih nei lai hi.

Hih Sabbath omna Lasiangtho munte sim in: Pai. 20:8-11, leh Neh. 13:16-19. Hihmun-a agen Sabbath te aki banglo dan in ih ngaihsun kha thei hi. Sabbath tanna (nasep silbawlina pan tawngakna) in piansakna ih kep nading in ong bangci huh cih ngaihsun dih in. Hih lampi tawh ih kiim leh paam hoih nading Sabbath tanna in bangci huzap thei ding hiam.

Sabbath pen Pasion in leitung apiansak phawk nading cih kitel mahmah hi. Sabbath ih tan ciang in, kal khat sial in ong phawk sak pen nuntakna ih cih sum leh paai zon thapaihna hi loin, leitung asia sak thei nasep asemte ih hi loh ong thei sak hi.

Sabbath tanna in, ih huaiham tohtohna leh ih na iplah thuah thuahna ong bangci huh hiam. Sabbath na palsat nading in sum in bangzah vei ong ze-et ngei hiam.

THURSDAY

Feb. 23

IH UK HIH LEITUNG

Pian. 1:26, 27, te sim inla anuai-a dotnaate dawng in.

1. Leitung ih ukna bang ciang matut ding ih hiam.
2. Leitung ah nasem ding cihleh a sunga na khempeuh te uk ding cih akhiatna bang nei hiam.
3. Hih Lasiangtho mun ah leitung ih pangzat nading leh ih nit sak nading bang hang in ong kiphallo hi ding hiam.

4. Pian. 1:28, in, mihingte pen leitung a "dim" ding te in ong ki gen hi. Hebia kam-a, "dim" cih pen "leitung dim (kicing)" sak cihna ahihi. Hih kammal i akhiatna in leitung a kep huai dan ong bangci theih sak hiam.

Topa' vangliatna leh lamlahna tawh mihingte in leitung uk in kem ding cih lunghianna om vetlo hi. Hih Laisiangtho kammalte leitung a puuk ma-a ong kipia s ahih ih phawk ding kiasm hi. Tua lai leitung pen mawhna sihna leh thuaksiatnate na om nailo hi. Hih Laisiangtho munte' ong theih sak pen, leitung uk ding cih ciang in akem ding cihna hi zaw-a, mulkim-huai tak in pangzat loh ding cihna ahihi. Hihbang-a leitung thaangzatna pen mawhna ong lut ma-in om ngeilo cih ih tel sinsen hi. Hih leitung uk ding cih akhiatna pen susia loding cihna ahihi.

FRIDAY

Feb. 24

SIM BEH DING: "A ki patcil in, Pasion pen piansakna na khempeuh pan in kilak hi. Vantung azalh pen Khris ahihi. Amah in leitung bulphahpi phut hi. Ama' khut in vanpi awngthawlna mun ah leitungte khia ginggeng in, gammangtulak pen paakte tawh zeem in dim sak hi. Nangma vangliatna tawh mualte na phut hi." "Tuipi pen ama-aa ahihi. Banghang hiam cihleh Ama' bawl hiven. (Late 65:5; Late 95:5, NlrV). Leitung hoihna tawh adimh, huihlak la tawh azem pen Jesu ahihi. Leitung, vantung, huihlak leh mun khempeuh ah Amah in Pa Pasion' itna thumanpha te gelh hi.

"Tu-in, mawhna in Pasion' akawkbanglo nasepna susia ta hi. Ahizong in, Ama khutma te baang lai hi. Tu nangawn in piansaknate in, ama' vangliat minthannate pulaak lai hi. ***The Desire of Ages, Lai. 20, 21, Akitomlaak.***

LESSON 9

Feb. 25- March 2

LAISIANGTHO LEH TANGTHU

Sabbath Nitak

Feb. 25

TU KAL SUNG SIM DING: Late 104:1-9; Mang 1:1-3; 2 Pet. 1:21; Dan. 2; Mang. 12:7-17; Rom 16:20; 2 Kaw. 5:17-19.

KAMNGAH: "Keimah in Alfa (Akipatna) leh Omega (Atawona) ka hi, ci-in tu lai taka a om, a om ngei, tu nung ciangin ong pai ding mi ahi, Vanglian Topa Pasion in agen hi." (Mang. 1:8).

THU BUL PHUH: Ih Pasion in tangthu tungtawn in na sem hi. Tangthu sung leh tangthu tawn in uona ih neih nading in avanglian teci eite ong pia hi.

Mihing tangthu sakawnpi pen khatna neilo in a om diam. Ahihkeileh ngiimna khat a om gige tawh tua tupna atangtun nading in ong ki makaih zaw ahi diam. Thubu in atel gen in, Pasion in tangthu lamlak in, tua tangthu sung ah Amah kilak hi.

Tangthu khempeuh in bel Pasion' deihna lak lo hi. Mihingte in ahoihlo lam ateel theih nading un zong suakta uh hi. Hih ahoihlo lam teelna tampi in, tangthu na huzap hi. Pasion in tangthu tungtawn in na asephang in thupiang khempeuh Ama' piansak cihna

hilo hi. Thusia piang mah hi. Pasion a omlo hilo hi.
Tukal sung in hih leitung tangthu sungah
Pasion in bangci nasep cih tawmcikkhat ih kaan ding
hi.

SUNDAY

Feb. 26

ABEISA HUN LEH MAILAM HUN

Laisiangtho atte in, mihing' tangthu akipatna
leh amongbeina thu bang gen uh hiam. Pian. 1:1; Job.
38:1-17; Late 104:1-9; Mang. 1:1-3, leh Mang 21:1-6,
te sim in.

Mihing' tangthu aki vialhei niloh hilo hi. Ih
Topa in mailam hun mu hi. Mihingte in suakta tak
in, ahoihlam te teel-a asepep theih ding uh zong thei hi.
Topa in leitung abei teh ih thaman bangci san ding
cih ong gen' khitsa ahihman in, abei ma kal-a ut bang-
a, ih deihteel pen poi sa khollo hi.

2 Pet. 1:21, sungah, eite' aading a mailam thu
Pasion' geelna ong bangci ki theih sak hiam.

Pasion kammal ih muan nakleh Pasion in ih
mailam thu khempeuh atawpna hun bei dong in thei
in eite ong lak khin cih ih thei thei hi. Amah pen hun
beisa leh tuhun akipan mailam hun khempeuh aneipa,
atheipa ahihi. Tua ahihman in, Ama' ong gensa bang
in, mailam thu te ong tung teek ding hi ci-in ih lung-
muang thei hi.

Mailam thu gen ding bangci ol hiam. Atangtun
lohna bangzah vei na tuak ngei khin hiam. Eima
aading in alungdam huai thu pen Pasion in mailam
thu khempeuh thei in ong piang dingte zong thei cih

ahihi. Tuahi-a, itna anei Pasion in eima tung-a ong
piang ding mailam thu thei hi. Tua ahihman in tua
thu in nangmah ong bangci hehnep hiam.

MONDAY

Feb. 27

KAMSANGTE PEN TANGTHU THEI MIPILTE BANG AHI UH HI

Thubu bup sungah kamsangte in, "Topa'
kammal," "Topa in ci hi," cih te na zangh uh hi. Tom
gen lehang, amaute' gen thu te pen amau deihna ong
gen himawlk loin, Pasion in amaute "tung" tawn in ong
gen ahihi. Tua hi-a, tua thu te man ding, san ding-a
kigin kholh ding ahihi.

Isa. 14:26-27, Nahum 1:5-10, te in, hih
thumaanthutak ahi Pasion kammalte avang neihna
ong bangci phawk sak hiam.

Mihing' tangthu sung-a, mongbeilo Pasion'
vangliatna pen Pianpihnate sungah kilak hi. Etteh
pah ding in, Late 104, sung-a, ong kigualgen thute in,
pianpihnate pen amau leh amau vaiding suangpo hi
loin, tatna khempeuh ah Pasion thupiak amanna uh
ih mu zaw hi. Pasion in leitung apiansak khitteh nusia
in, amah leh amah pianpihnate thukham (natural laws)
ukna nuai ah na khang toto cih, Laisiangtho in hilhlo
hi. Pianpihnate thukham pen Pasion in leitung amah
leh amah avaidin theih nading-a, akepdan Pasion'
geelna hi zaw hi. Pianpihnate thukham, thupaizia, ih
cihte zong Pasion in na khempeuh piangsak in, amau
leh amau avaidin sak ahihi.

Nate thu thukansiamte (scientists), tampi in,
leitung pen amah leh amah ong mawk piankhiat in,

hun khat ciang in mongbei lel ding hi, ci uh hi. Lai-siangtho ih thuuk theih ciang in, hih mipilte' thusun banghang in maan (right) theilo hiam.

TUESDAY

Feb. 28

DANIEL ALIAN NIHNA LEH TANGTHU SUNG-a PASIAN' ONG MAKAIHNA

Genkholhna Daniel 2, sim kik dih in. Hih Daniel 2, in, Pasian in mailam pekpek thu atheikhholhna akiciantak teci tawh bangci lampi tawh ong lak hiam.

Hih genkholhna pen abeisa kum 2600, ding lai-a, aki at sa ahihi. Tangthu pen Pasian ong lahsa bang teek in, tung teek hi. Abeisa kum tampi lai-a, anungtasa mite' aading saang in, thuhun-a, eite' ading in, hih genkholhna thupi zaw kan lai hi. Banghanghiam cih leh, hih genkholhnate ahi, kumpite' maan dan, kumpigam ong phuh dan uh aban tun ngelngelhna tuhun khangthakte in, tangthu pan in ih muh theih kik hang ahihi.

Kamsang Daniel' genkholhna hih kumpigamte' ong khan khiat ding leh ong maan ding te tangtung lua hi. Tua agen kholh kumpi gamte pen: Babylon, Media-Persia, Grik leh Rom kumpigamte ahihi. Rom kumpigam lianpi pen gamneu gamkee te dong-in, aki khenkhap ding nangawn Daniel in na genkhol-a, tuni dong in kip lai hi. Hih tangthute sungah ih kihel lai tadih-a, akhakbel-a, ong tung ding kumpigam pen atawntung Pasian' gam ahihi. (Dan. 2:44). Abeisa genkholhna khempeuh maan in, tangtung khin ahiehleh

akhakbel-a ong piang ding thute zong up huai muan huai lo ding hiam. Ong tung teekteek ding genkholhna te um zo muang zo kei lehang ahai huai lua diam.

WEDNESDAY

Feb. 29

GAL LIANPI LEH TANGTHU

Tangthu ih theih zawh nading in, hih anuai-a Laisiangtho munte in ong bangci huh hiam. Mang. 12:1-17; Job 2:1,2; Isa. 14:12-14; Pian. 3:15; Ef. 6:12, leh Rom 16:28, te sim in.

Satan lah om takpi in kidona lianpi lah om takpi hi. Singlamteh tung bek-ah Satan' guallelhna mi khempeuh ki thei sak-a, amah in zong amah aki suksiat takpi ding thei hi.

Banghang in, amawh phet in, Satan ki usia pah lo hiam.

Laisiangtho leh EG White in zong agen mah-bang in, leitung i buainate pen hih kidona lianpi tawh aki kaaipaan ahihi. Hih buaina pen Khris leh Satan i kidona lianpi ahihi. Hih kidona lianpi in, leitung-a, thupiang khempeuh leh tangthu khempeuh i athunungthu apiangsak ahihi. Na khempeuh te hih kidona lianpi i dainawkna athuak vive ahihi. Eite aading in lungdam huai thu pen singlamteh khit ah Satan guallel teiteei ding cih ahihi. Natna satna, thuaksiatnate, ngongtatnate leh dipkuat patauhnate mongbei kiuh-keuh ta ding ahihi.

THURSDAY

Mar. 1

TANGTHU SUNG-a SINGLAMTEH THU

Hih laigual khat tawh gupkhatna thubuppi ki tom gen thei hi. Tua pen: Pasion in lametna abei ih tangthu sumitkhia in Ama' tangthu tawh mun ong luah sak cih ahihi. Jesu hang in, ih nuntakna ah mawhna i sila tangthu pen mongbei ta hi. Ama' hang in abeisa-a ih mawhnate in ong mawhsak nawnlo, ong bawlsia nawnlo in zong ong zahpih nawnlo hi. Eima i sungthu tek, mawhnei khat in ong ki thukhenna pan Jesu i akawkbanglo tangthu tawh ong ki bilkhek sak hi. Tuahi-a, Ama' hang in abeisa a, ih pianlui na pan in suahtakna ngah in, ih mailam aadingin in alamdang kamciam ih nei hi. Singlamteh tung ah Topa in ong piak khamuanna pen bangbang tangthu nei ta leng, hih leitung tangthu ah bangbang piang taleh minthanna athak tawh ih mailam in, ong ngaktek cih ahihi.

Jesu in mi khempeuh aading-a, ong sep sak, 2 Kaw 5:17-19, in bang ong gen hiam. Hihthu in mihing' tangthu bangci khel hiam.

Ih mawhnate pen ong puaksak nuam mahmah Topa' liangko tung ah kisuan in Amah in gupkhatna ong pia ahihi. Ama ong kamciamsa tawh a bei ding mihing' tangthu in Tangthu Piangsakpa tawh atawntung tangthu thak anei ding in eite ong pia ahihi. Mi khempeuh aading in ih mailam thu om tek hi. Khris anihveina ong pai ding kitel taktak hi. Thubu Lui leh Thubu Thak in, "van thak leh leitung thak khat" ong kamciam tuak hi.

Jesu Khris saang lecin na mailam bangzah in ong kilamdang ding hiam.

FRIDAY

Mar. 2

SIM BEH DING: "Mihingte' tangthu bu lak ah Laisiangtho

Bu pen alui pen (akinei masapen) leh akicing pen tangtu bu ahihi. Hih Thubu pen ahing sitset tawntung thumaanthutak samtui pan in ong phulkhia ahihi. A khangkhang in tangthu sung tawntung ah Pasion in Ama misiangthote na makaih in na hung tawntung hi. Laisiangtho sung pan bek in, minamte, gamte' kipatcilna tangthu maan ih thei thei bek hi. Deihkaiha na leh kiphatsakna omlo in mihingte' tangthu Laisiangtho sungah na ki at ahihman ahihi. **Education, Lai. 173, Akitomlaak**

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LESSON 10

March 3 - 9

THUNGETNA NGAH DING CIH KAMCIAM

Sabbath Nitak

Mar. 3

TU KAL SUNG SIM DING: Kalaw. 4:2; Rcm. 4:2; Rcm 12:12;
Mt. 26:34-44; Heb. 11:6; James
4:2; Jchn 14:5; 1 Thess. 4:3.

KAMNGAH: "Nitak zingsang leh sun in ka gimna leh ka
thumna ka gen hi, amah in ka aw ong za
hi." (Late 55:7)

THU BUL PHUH: Thubu sung mun tampi ah, Topa in
thungen ding in ong sawl hi. Thunget pen Topa tawh
lam totkhopna ah athupi mahmah ahihi.

EG White in thungetna tawh kisai in hih kam-
malte ong pia hi. "Vantung ih Pa Pasion in Ama thupha
namcing ong pia ding in ong ngak hi. Ciangtan omlo
itna tuisam, kham tak in ih dawn theih nading hunpha
ih nei hi. Thu tawmcikkhat bek ih nget bangzah in
kisuan huai hiam! Pasion in ama' tate' kiniam khat
tak leh lungsim siangtho tak-a, athu nget uh a za ding
in na kiging in zong za nuam mahmah hi. Hihbangthu
theilo ih hiam, Pasion' tungah thunget ih kin ngaihsut
khol kei hi. Thu a ngen lo te, ze-etna athuak teh belh
ding aneihloh vantungmite in ong bangci ngaihsut zen
tam! Pasion in ong it mahmah in, eima nget zawhna
saang in leh ih lametna saang in nakpitak in ong pia

nuam kaan hi. Thu ih tawm nget mahmah-a, ih upna
aneu lua hi.

SUNDAY

Mar. 4

THUNGET A VANGLIATNA

Thuingetna in na bangci sep ih thei kei khamai
ding hi. Akitel mahmah khat pen: thungenlo pi-a, ih
Topa tawh ih kalsuan leh ih puuk ngeei ngeei ding hi.

Anuai-a, Laisiangtho mun te-ah, athupi bang
kawkmun ih mu thei hiam. Mt. 24:41; Lk. 18:1; 1 Tim.
2:8; 1 Thess. 5:17; 1 Pet. 4:7; Kalaw. 4:2.

Khristiante ih hih nakleh thunget ding leh
thunget thithe ding ong kigen pen theihsa thu ahihi.
Thungetna in bangci nasep cih ih theihloh pen thupi
koih tadih ding hilo hi. Thupiangte ih theih zawhloh
thu tam mahmah lel hi: Na khempeuh ih upna a kipan,
ih theih dong ngak ding hilehang, bangmah ih um zo
kei kha ding hi, himah lo ahia. Upna cih kammal in,
na khempeuh ih theih zawh lohna ong lak kammal
ahi ding in ngaihsutna ong pia zaw hi. A kitel mahmah
khat om hi. Tuapen, mi khat in Pasion' deihna bang
in, thu maanmaan-a, hanciam-a, anget leh athungetna
in anuntakna kheel thei, zong kheel hi.

Thungetna na theih bang ahia. Tua thungetna
in na nuntakna bang ong kheel khin ahia. Thungen
lopi-a na Khristian kalsuanna koimun ah om ding ahia.

MONDAY

Mar. 5

JESU: THUKHEN MESSIAH

Hih anuai-a Laisiangtho mun te in, Jesu thu leh thungetna bang ong hilh uh hima.

Lk. 3:21; 22; Lk. 9:28, 29; Lk. 6:12, 13; Heb. 5:7; Mt. 14:23; Lk. 22:31,32; Mt. 26:34-44.

Jesu pen kawkbanglo Pasion' Tapa hi-a, mawh-na leh kisuanna khat zong aneilo Pa ahihi. Amah pen Pa Pasion deihna tawh kawkbanglo-a, kigawmkhawm-a anungta Pa ahih hang in, avanglian thunget nuntakna tawh anungta Pa ahihi. (Atung-a, munte ah John 17, ki hello lai hi). Jesu akawkbanglo Pa in tuah-khak thute aphut zawh nading in thungetna kisas ahihleh eite bangzah in kisas zaw kaan ding ih hiam. Jesu i ong lamlah thungetna in Topa tawh akalsuan-khawm te aading in, thungetna athupit mahmahna ong thei sak ahihi. Hih leitung ah zong kizopna (communication) thupi ahihleh, Pasion tawh kizopna nakpi in thupi zaw kaanlo ding hiam. Jesu in ih etteh ding, ih zuih ding khekhap ong lak zo hi.

Hun maan-a, na thunget nuntakna koibang ahiam. Thunget ding na mangngilh ziauziau lel hiam. Thu maanmaan in ngen na hia, na kisap ciang bek in ngen na hia. Topa tawh na kalsuan khopna ah thungetna anak thupit zia na bangci sin thei diam.

TUESDAY

Mar.6

UPNA TAWH THUNGETNA

Heb. 11:6, in, thungetna tawh kisai athupi kalh ong neih bang ong hilh hiam. Eite aading in bang akhياتna nei hiam.

T-5

Thungetna pen si leh sa tawh akidim kha khat i thei bang-a ahawm anuntakna huhna lampi khat ahihi. Pasion tawh aituam-a, ih kiho theih nading kizop kikna lampi khat ahihi. Nang leh nangmah aki nei na hihloh ong phawksakna lampi khat mah ahihi. Thungetna in, nangmah mah tawh ong kilei khin ahih ong phawk sak hi.

"Topa tungah thu ih nget pahpah" ding ong kisawl hi. Hih thungetna nangma aading in bang akhياتna nei hiam. Dan. 9:3,4; Zech. 8:21, te sim in,

Thungetna khempeuh pen upna nasep vive ahihi. Mi khat i thungetna vantung atun kuan mu in thei hiam. Thungetnate Pasion in asan kua in mu hiam. Ih ngah pahpah lam zong phawk loin thu ih ngen pahpah hi. Pasion in ih thungetna ong za in ahoih penpen in ong dawng ding cih upna ih nei hi. Thungetna pen upna i nasepna khat ahihi. Thu ih nget ciang in, ih muh batlohna ih vei battlohna leh ih theih battlohna te abanto ih hihi.

Na thunget nuntakna bangzah in man nei in muibun hiam. Pasion tawh na ki nai theih nading in bangci lampi tawh thu na ngen hiam.

WEDNESDAY

Mar.7

THU NGEN LO NA HIH MAN iin

James 4:2; Lk. 11:9, leh James 5:16-18, te in, ih thungetna te leh Pasion' nasepnate bang ong gen hiam.

Thungetna in eite ong kheel in, Pasion leh mi-dangte tawh ih kizopna ong huzap hi. Laisiangtho in

teltak in ong gen pen ih thungetnate pan in, ih nuntak-na Pasion sepna bang in ong huzap cih ahihi. Thu ih ngen-a, Amah in, lampi khat peuhpeuh tawh ong dawng hi.

Thungetna thukhunpi, Pian. 18:22-33, sung a thu om ih bangci muh hiam. Hih thumaanthutak, mite in bangci bang in athei zong in phamawh kei, Pasion in mihingte' thungetna saang hi. Pasion in kong saang hi ci ahihman in ama kammal ih saan ding ahihi.

"Keima min in, a kizam ka mite amau mahmah ki niamkhiat in, thu ngenin ka mai hong zong-a, amau' gitlohnate panin a kihei uh leh, tua ciangin keimah in vantung panin ka za dinga, amaute' khialhna maisakin, a leitang uh ka hoihsak kik ding hi." (2 Khang 7:14). Hih Laisiangtho munte in thungetna thu bang ong hilh hiam.

Thu lah ngen loin mawhna zong ih pulaak kei leh ih mawhna ong kimai sak lo hi. Hihthu ah, Pasion in ih thungetnate ong sang ahihi.

THURSDAY

Mar. 8

THUKHUNTE ZUIHNA

"Ih theih gige mawhnate ih lungtang sungah ih vom leh Topa in ih thungetna ong sang lo hi. A dah taktak khaa khat i thungetna kisaang den hi. Khialhnate adik-a akibawl ih theih teh Pasion in ih thungetna ong za ding in ih um thei hi. Eima hanciam hoihna in Pasion' maipha ong musak ngeilo hi. Jesu i hoihna in ong gum hi zaw hi. Ama sisan in ong sawpsiang ahihi.

Ahizong in, ong kisan nading thukhunte zuih ding thu, sep ding thu ih nei lai hi. (**Khris Kiang Zuatna, Lai. 95, Akitomlaak**).

Heb. 10:38, Thkna. 4:29; Lk. 9:23; John 14:15, leh 1 Thess. 4:3, te in, athu tawh kizui in, sepsakna ong kinei sak cih ih theih nadingin ong bangci huh hiam.

Hihthute pen eima adinga, akisam dinmunte hi-a, thu nget nuntakna ah gualzawhna neih nading ahihi. Athupi pen dinmun in ih kisapna ih theihna, belh ding neihloh ih ki theihna, mawhneite ih hihna tawh hehpihna ih kisapna theihnate ahihi. Eite aading-a, sepsak tampi ong nei ih Topa tungah ih kingak ding ih kizam hi.

Hanciam-a thu na nget bang khawng ahia. Thu na nget kawmkawm in kidong in. Ka thu ngetnget angah hileng, akilamdang in bang ka sem tam.

FRIDAY

Mar. 9

SIM BEH DING: "Thungetna pen khaa khat i nuntakna hu ahihi. Khalam vangliatna i thusim ahiah. . . Thungetna in Pasion ih zuatna ah ih lungtang ong lawng in, khalam tuahkhakna thu ong thakhauh sak hi. **Gospel Workers, Lai. 254, 255, Akitomlaak**.

"Ih thungette ih ngah loh ciang in, Topa in ong za in, ong dawng ding hi ci-in ih um lai veve ding hi. Ih thungette thupha ding ahiah loh leh ih ngahlohna thu ih theih nading in ih theihna kiciangtan lua hi. Ih vantung Pa Pasion in, itna tawh ih thunget te ong za in eima aading in ahoih pen ding in ong pia ding hi." **Khris Kiang Zuatna, Lai. 96, Akitomlaak**.

LESSON 11 Mar. 10-16

PASIAN KHUTSIAMPA BANG iin

Sabbath Nitak Mar. 10

TU KAL SUNG SIM DING: Isa. 64:5-8; Late 51:10; Heb. 8:1-5; 1 Khang. 23:1-5; Rom. 11:33-36; Sawl. 9:1-22.

KAMNGAH: "Topa' tungah na khat bek ka ngen ding hi. Hihtak ah ka deih om hi. Keimah in Topa innsung ah ka khan tawn in ka om nuam hi. Topa' hoihna ka en nuam hi." (Late. 27:4, NkrV).

THU BUL PHUH: Pasion pen limsuaisiampa bang a hiam. Hih dotna bang adeihna hiam. Nangma aading in bang a khatna nei hiam.

Tuciangciang, Topa i akibatlohna a omziate ih sin khin hi. Tuata pen Thumgawm-Pasion-Khat, Pasion' sian' thona leh Pasion Honpa mah ahihnate ahihi. Laisiangtho sungah Pasion' omdan khat om lai hi. Hihthu pen mite in, phawkkhat luat in nei khalo uh hi. Tuapen Pasion Limsuaipa bang ahihna ahihi.

Khristian nun zia in khutsiampilna tam theih khollo hi. Hun khatkhat teh, hih khutsiampilna biakna vailo leh a sialam i kigen hi. Lam khat pan leuleu in, hih khutsiampilna apaakta mahmah athapiate leuleu in, khutsiampilna i hoihna pen leitung vai biakna suak sak zeel uh hi.

Bangbang ahizong in, Pasion pen thumaanthu-tak hi-in, tua mah pen melhoih ngiat hi. Piansakna mahmah in teci a pan pen, Pasion in khutsiampa ahihna leh melhoihnate a it Pa ahihna ong lak hi.

SUNDAY Mar. 11

PASIAN BEELSEEKPA BANG iin

Pasion in Ama' khutsiamna zangh in beelseekpa bang in mihing tungman pan in bawl hi. Hihthu Laisiangtho sungah ih muh masakpen bang hun hiam. Pian. 1:26, 27, 31; leh Pian. 2:7, te siksian in.

Pasion pen beelseekpa bang in limciinna tawh, Jer. 18:3-10, leh Isa. 64:5-8, te in bangci gen hiam.

Hih Laisiangtho munte i adeihna bulpi pen, eite avanglian Pasion' mai-ah huhloh theihloh ih dinmun ong lak ahihi. Eite pen beelseekpa khut sunga, tungman bang ih hihi.

Tu-in, Pasion in Ama' meel leh lim, eite' sungah puahphakik ding in na sem hi. Pasion in Ama' piansakna taksa te don mahmah hi. Hihte saang in, eite sungah hoih nading khempeuh ong don zaw kaan lai hi. Eite kipum ap in, si leh sa sungah si-a, Topa tawh mapang khawm-a, ih om ding ahihi. Topa in, mawhna sungah ih puuk ma, Eden huan-a, ih neih ngei pianbulnate, khalam thu te leh ih gamtat hoihna te ong guan kik nuam ahihi. Tungtham pen kizem thei mah ding hi hang. Sunglam hoihna pen athupi mahmah zaw ahihi.

Russia te laiat siam Fyodor Dostoevsky in, "a etlawm kha" cih lungsim geeltawm gamtatpianzia anei

mi khat i thu at tawm hi. "A etlawm khaa" cih, nangma saandan bang ahia. Tua a etlawm khaa in, Nangma sung ah sep bang nei-a, sepuluh bang nei hiam. Tua lungtupneilimna tawh na kizawitawn maw. Tua saandan tawh na kikim diam.

MONDAY

Mar. 12

PASIAN INNLAM GEELSIAMPA BANG iin

Pasian in Israelte Izipt gam-a, saaltanna pen in alamdang vangliatna tawh suakta sak hi. Sinai mual ah puak beh lai hi. Tua Sinai mual ah Amahmah asiangtho kiciamna tawh amaute tawh kigawm hi. Pasian in amaute atuamtuam apiak thuhilhate lak ah, Pai. 25:1-9, siksian in, hoihna etlawmna bangci kihel hiam.

Heb. 8:1-5, in agen, leitung biakbuk pen bang etteh hoih tawh kibawl ahiam. (Pai. 25:9), zong sim in. Pasian in hoihna etlawmna apahtaakna, hih Lai-siangtho mun te in bang ong lak uh hiam.

Leitung biakbuk pen vantung biakbuk i alim (shadow) bek ahihi. A taktak vantung biakbuk om-a, tua ii hoihna ih ngaihsun ban zo kei hi. Pasian teekteek in tua vantung biakbuk abawl ahihi.

Biakbuk ahohi mahmah nading athupitna banghang hi, na ci hiam. Pasian' vangliatna leh minthanna, aki nak zahtaak mahmah nading in, mite akipia ahi diam. A tualniam mahmah hih mawhnei leitung-a, ih dinmun leh Pasian ih tehkaak ciang in, biakbuk i zahtahkai minthanna in Pasian i gamtatnuzia ong bangci theihshiam sak hiam.

TUESDAY

Mar. 13

PASIAN TUMTNEIHSIAMPA BANG iin

"Tul li in kongcingte leh tul li in phat nadinga ka bawlsa lasaknate tawh Topa' tungah phatna pia ding uh hi." (1 Khang. 23:5).

Hih a tung-a thu omzia na lungsim mitkha tawh geel dih in. Mi tul li in tumtheih nagingte tawh Topa phat zen uh hi. A etlawm mahmah biakpiakna, paaina hi ngel ding hi.

Pasian' bawl theih khutsiamna pen ciangtan om lo hi. Thubu sungah ih muh mahbang in, biakbuk vai khempeuh ah Israelte' biakpiakna pen Topa' humuap ahihi. Cihnopna ah Pasian pen azaknophuai tumtheih nagingte apaakta Pa ahihi.

2 Sam. 23:1, 2, siksian in, David kumpipa in biakpiakna sunga Israelte' zat Salaan Lalte i a zungpi bang gen hiam.

Israelte' biakpiakna in, Topa' panna khat ahi tumtheih nagingte a ki zat, 2 Khang 29:25, in, eite bang ong gen hiam.

Israelte' biakpiakna-a, a zat tumtheih nagingte eite in ih nei kei hi. Tuatate pen thangah huai in, Topa lamah mite' lungsim lamto mahmah kha ding hi. Tuhun-in, tumtheih nagingte in, ih pawlpi sungah na bangci sep hiam. Hihte in, ih khaa tha amundang ah ong makaih saang in, Topa' lamah ong saanglapna ih bangci theihshiam.

WEDNESDAY

Mar. 14

PASIAN LAIAT SIAMPA BANG iin

Na khempeuh ong pian khat ma-a thumong, Rom. 11:33-36, sungah, bang thu na piang hiam. Pawluh in gupkhatna tangthu athuukzai nathu na thupi lak masa hi. Tuakhitte phatna lam na vat pan hi. Thudang tawh gen lehang, kimanna anei ding lungdamnathu kihilhnate aban gualh ma-in, Pawluh in Pasion nabia cihna ahihi.

Pawluh ih hih akihuang a laikhak zatdan a, a laikhakna ah tamveipi na zangh hi. Amah in, biakna thuthuuk paulapte tawh Pasion phatna na gan (weave) khawm hi. Athu khup ma-a, a kizangh thei ding ngaihsutpiaknate a neih ma ta-a, hih phatnate aneih ahihi.

Mangmuhna Thubu sungah laisimte, "Khut tawh kigan" cih, kammal kizem, kammal lomte, leh thubulphuhte pen Laisiangtho adang a atte kiang pan in kila sawn hi-a, tu-in, "puan thak" khat akiguan ding bang in akigan ahihi.

Laisiangtho bek laisim-a anei, Kawleih sangnaupangte ngaihsun dih in. Amangngilh thutte uh kikum zel uh hi. Ih mitmuh mah ah thutak ih theih te ki mangngilh ziauziau cih, bang theipilna ih ngah thei hiam.

THURSDAY

Mar. 15

PASIAN MUALSUANG BAWLPA BANG iin

Pasion pen mualsuang bawlpa bang ahihi. Tua suangpeekte tung bek-a, lai khentheih bek hilo hi. Amah in ih gamtatpianziate ong kuih sak in ong khet sak hi zaw hi.

Laisiangtho sung-a, khalam mualsuang tung-a,

kuih, gelh akisam tangthunei pawlkhat te kuate ahiam. Anuntakna uh ah, kikhel ding akisapte uh bang ki khel sak hiam. A gentehna in, Jakoh (Pian. 32:22-30), David (Late 51), Peter (Lk. 22:31, 32), leh Pawluh (Sawl. 9:1-22), te sim in. Midang kuate kisas lai in na um hiam. Amaute bang kikhelna akisam diam.

Gupkhatna tangthu pen a puuk khinsa mihingte' tungah Pasion' lim leh meel dip kik nading, Pasion' geel nasepna kicing ahihi. Lungdamnathu pen nuntakna-a tuakhak thute hi-in, Ama vangliatna tawh ong siangtho sak, ong sui, ong zem, ong meelhoih sak ahihi. Jesu Khri i lungdamnathu pen ngaihsut geel tawm-tawmna tawh in siangthona leh kipumkhatnate lamto hi. Thaksuakna maan pen mikhat i asunglam ah ong piang khia hi. Tuapen Pasion' nasep hi-a, a puuksa mawhnei nuntakna, ahoih-a, ong bawlpha ding, ong puahpha ding ahihi.

Mualsuangbawlpa ah kuih kuakna, phopna te leh mun pawlkhatte ah eukhiat zong kinei hi. Na nuntakna akoi lam dung ah kuihkuak nakisam deuh hiam. Na nuntakna ah hih ahaksa kikhelna bangzah vei na do zeelzeel hiam.

FRIDAY

Mar. 16

SIM BEH DING: "Pasion i vangliatna in nuntakna akhelna, mi khat in, alungtang sungah vei ta hen! Tua khitteh Pasion' Khasiangtho i anasia kheelna, eite in ih mu thei pan ding hi. Mawhna maisakna pen Jesu i sihna i thaman bek hilo hi. Amah in anasia kipiakna ong neih pen mawhna ki hemkhia ding-a, kha te akisiatcipna pan ki puahkik in, Pasion' ompihna ah akilawm ding in bawlpha ahihi. **EG White, Manuscript Releases, Vol. 6, lai. 11, Akitomlaak.**

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LESSON 12

March 17 - 23

KI ITNA TANGTHUTE

Sabbath Nitak

Mar. 17

TU KAL SUNG SIM DING: Pian. 2:21-25; Pai. 20:5; Isa. 43:4; Isa. 62:5; Solomon La, John 2:1-11

KAMNGAH: "Abeisa hun in, eite kiangah Topa ong kilangh khin hi. 'Keimah in nangmah tawntung itna tawh kong it hi. Keimah in nangmah ciampello itna tawh kong it kip hi." (Jer. 31:3, NLT).

THU BUL PHUH: Pasion' lampan-a ong itna bangci theih ding ih hiam.

Ki itna ih ngaihsut masak ciang in, Pasion angaihsun masa ih hi khamai ding hi. Pasion' itna bangzah in thuuk cih, koici bang hiam cih ih hem theih zawh beek kei ding hi. Hihmun ah Pasion' itna thuuk akhen khat ih huam et ding hi. Pasion pen zawllawmngaih bang ahihi.

Apiangsa na khempueh aciamteh tangthubu bangmah omlo hi. Laisiangtho zongh tuabangmah ahihi. Pasion in zawllawmngaih bang-a, ong ngaihna, tangthu sungah aki khum ding in a kamsangte na ciamteh sak hi. A dotnop huai phial ah, banghang in Pasion in hihbang ki zawllawmngaihna, tangthu bu

khat in nahel ahi diam. Hih kingaihna in, Pasion i pianzia gen ong neih a om hiam. Pasion aading in ki zawllawmngaihna bangci bang in thupi ahia. Tu kalsung in, hih tangthute banghang in na kihel hiam cih ih kaan ding-a, tua tangthu te pan in bang ih hamphat lawh hiam cih ih zong ding hi.

SUNDAY

Mar. 18

AMASAPEN KI ZAWLLAWMNGAIHNA

Laisiangtho tangthu ahi, piansakna sung-a, Eve tangthu, Pian. 2:21-25, sung sim dih in. Hih tangthu sung-a, akigen Adam leh Eve te' kizopnadan na bangci taangpho ding hiam.

Hih tangthu i adeihna bulpi pen Adam leh Eve te ki bulzop mahmah cih hi mai thei hi. Pasion in mipa numei pumpi sung pan in piangsak hi. Hih piansak dan adeihna in, amaute si khat sa khat akibang in ki piangsak cihna ahihi.

Tu-in, Adam in Laisiangtho sung-a, "zawl la" ahihkeileh "la kam" akici ong pan khia hi. Hih la kam sung pan in, Adam leh Eve aki bulzop mahmahna tuak uh kitel tak in ki thei hi. Pian. 2:23, sunga, kizangh "mipa" cih pen Hebia kam in "**ish**" ahihi. Numei cihna pen "**ishah**" ahihi. Hih kammalte in, amaute aki bul nai mahmah na tuak uh na lak hi.

Bangbang ahizong in, Adam leh Eve te i kipatcil kizopna pen ki zawllawmngaihna cih hi-a, hih thu in thu tampi na huam hi. Kamdang tawh gen lehang, Pasion in ki zawllawmngaihna na niallo cihna ahihi. Na nial vetlo himawh hi.

Ki zawllawmngaihna pen Pasion in mihingte ong piak alamdang mahmah letsong ahihi. Ki zawllawmngaihna diktak tawh ki zopna anei ciat hilehang, zat khialh theih kingaihna bangte ih dal thei diam.

MONDAY

Mar. 19

THUBU SUNG-a ZAW LTHUTE

Thubu in tangthu tampitak na khum hi. Zawllawmngaihna etteh huai tampi zong na gen hi. Agentehna in, Sarah leh Abraham te' kiptak-a, aki ngaihnaate hipah hi. Hih kiptak-a, aki ngaihman un, khantawn ta aneih se loh uh hong in, Abraham in Sarah na kheek lo hi. Pian. 16, sung sim in. Abraham in Hagar zi no ding in la thua bek-a, tua zong ta aneihnop man-a, Sarah sawl ahihi. Abraham leh Sarah te' kibalzop ki ngaihna pen kip mahmah cih kilangh hi.

Hih zawllawmngaihna' tangthute en kik dih in. Hih-bang dan tangthu te lampi tuamtuam tawh aki huang in zawllawmngaihna leh tangthu te leitung bupi phial ah om tek hi. Hih mite in, midangte' gamtatkhihna te' hang in, tona tompi leh thuaksiatna tampi na tuak uh hi. Hih kizopna asusia, sinnat lainatna apiangsak aki zangh khial thu pawlkhatte bang ahia. Athupi zaw in, amaute' zatkhihnaate pan in bang theihhuai thu ih sin thei diam.

Deihlophen in, mi tampi in hih thusia leh hi sang in zongh a sia zaw phial bawl kha khin hi. Alungdam huai thu ah Pasion in tua bangmi soksololte amawhna uh maisak in lungsim damna pia cih ahihi. Bangci bang in ki zawllawmngaihna zangh khial khin

talecin, singlamteh pan-a, ong pai mawhmaisakna leh damsakna na muh nading na bangci zon diam.

TUESDAY

Mar. 20

PASIAN' ONG ITNA

Pasion in amite aveidan, Pai. 20:5, in bang ong lak hiam. Tua kammalte in, eite Pasion' thu bang ong hilh hiam.

Anuai-a Laisiangtho munte sim in. Isa. 43:4; Isa. 62:5; Eze. 16:1-15; Jer. 31:3; Rev. 2:9. Hihmunte in, bang gen uh hiam. Pasion in eite ong veidan, ih theih nading in, hihmunte in ong bangci huh uh hiam.

Pasion mimal khatciat ong itna Thubu in kilangh tak in, gen hi. Hih itna ih theih nading thu baih lo hi. Pasion pen lianlua in na khempeuh vantung khuavannuai abawlpawh ahih mihingte in teltak in, ih thei ban zo kei hi. Leitung vantung khuavannuai khempeuh bomkhat ahihna ih thei zo kei hi. Tua ahihman in, Piangsakpa khat om cih ih bang ci theih zawh diam. Pasion in bel ong itna akilangh lam tampi tawh ong genkhia zo hi. Anasiapen in, singlamteh tawh ong lak hi. Singlamteh tungah bangthu piang hiam. Pasion' ong itna ong lah nading, singlamteh saang in ih kisap zawk bang om ding hiam. Pasion in eite ong mudah in ong donlo hileh bang ong piang ding cih ngaihsun in. Laisiangtho in bel Pasion' ong itna ong gengen hi. Nangma cituam ding in, hih itna in bang akhiatna nei hiam. Hihthu in, alamdang in, bangci nuntak ding cih ong huzap hiam.

WEDNESDAY

Mar. 21

ZAW LTHU BU (Song of Solomon)

Ci leh sa mahmah tawh nopsakna ih neih nading in, Pasion in mihingte pumpi nei in ong bawl hi.

Solomon La Thubu saang in, Laisiangtho sung-a, Thubu dangte in, zawlthu agen zaw omlo hi. Banghang in, tua zawlthu Laisiangtho sungah na kihel ahi diam. Tua Thubu sung-a, nupa om khopna khempeuh in, ta neih ding gen neilo hi. Tua Thubu in, teltak-a, ong phawk sak pen nupate ci leh sa ah nop asak nading uh, Pasion in alim in geel (design) in akhun ngiat cih ahihi. Zawlthu mahmah gualnopna ih neih ding apianna naak pen Pasion kiang pan mah ahihi.

Solomon La sim khin in. Ci leh sa nopsakna asiangtho kiteenna sungah, ih neih ciang in, Pasion in bangci muh cih Solomon La in bang gen hiam.

Khristiante i sandan numei leh pasal omkhopna, kitenna, ci leh sa' nopsaknate, tulai "khangthak" hun-a, sandan, zatdan tampite tawh ih teh kaak ciang in, patpuansia bang in lui lua ta sa in, khanglui vai tawh kibang kisa leh kilawm hi. Ahizong in, hih Khristiante' thukhunte pen ih ci leh sa mahmah ong piangsak Pasion kiangpan ong pai ahihi. Eite bangci leng nopsa thei pen ding cih ong thei Amah Pasion ahihi. Hih alamdang thupha ih zatkhal ciang in natna, dai'na ih neih ding athei masa Amah Pasion bek mah ahihi.

THURSDAY

Mar. 22

JESU LEH ZAW LTHU

John 2:1-11, in kipiit kitenna leh ki zawllawmngaihna tawh kisai Jesu' lungsim bang ong gen hiam. Jesu in, Ama hun-a, tua Judahate' kitenna ah lunggnop khansau-a, anuntak ding uh Athupha piakna in, bang adeihna nei hiam.

Jesu ze etna thuak-a, gamlak pan ong kileh kik hi. Gamlak-ah gentheihna na limh thuak mahmah hi. Tuamun pan Jesu ong pai khiat ciang in, innkuan sung nuntaknate, a nopna ding, tanau kal kizopnate anopna ding in thupha pia ding in ong kuan khia hi. Eden huan-a, Adam leh Eve akiten lai-a, kitenna amakaih masa Jesu in, tu-in, amasapen abawl nalamdang ong lak hi. Tua abawl na koimun ahia.

Hih nalamdang lahna ah Pasion' piansak tawm vangliatna ih mu thei hi. Tua vangliatna mah tawh leitung apiangsak ahihi. Jesu in hih leitungah na ong sep lai-in, amasapen nalamdang hih mopawi-ah nalak masa pen hi.

Khuata neu khat kitenna-a Jesu i nalamdang lah in, kizawllawmngaihna leh kitenna te Pasion' kiang pan-a, alamdang letsong ahih eite ong lak hi. Jesu in bel zi nei ngeilo cih ih phawk ding hi. Hih Ama nuntakna in, mi khempeuh in zi nei loin nungta thei cih ong lak ahihi. Zi nei pasal nei te in akizang thei ding leh lungnop tak in anuntak theih mahbang in zi neilo pasal neilo te zongh nungta thei cihna ahihi.

FRIDAY

Mar. 23

SIM BEH DING: Thubu Lui leh Thubu Thak sung anih tuak ah, kipiit kitenna pen, Khristi leh athu ummite asiangtho-a kigawm ding cih limciinna ahihi. Mopawi

kibawlina-a, Jesu lungsim sung-a, alungdamnate in, Apa' van inn ah a mopi'te tawh aciah ni ciang-a, alungdam nadingte a na kawh khol ahihi. Tua ni ciang in, gupna ngahte in, Honpa tawh Tuuno' mopina mopawi nitak annekna pawih ah tu khawm ding uh hi.

Thubu in hih akibang minthanna thubulphuh tawh thu na khup hi. Thupha ngahte in, Tuuno' mopina nitak annekna pawih-aa sapna anghah mite ahihi. Hihthute pen amaan Pasion' kammalte ahihi." (Mang. 19:6-9, NirV).

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LESSON 13

Mar. 24- 30

JESU' ONG PAIKIK NADING KAMCIAM

Sabbath Nitak

Mar. 24

TU KAL SUNG SIM DING: 2 Pet. 3:1-10; John 14:2,3; Dan. 2:44; Heb. 9:28; Heb. 11; Mang 6:9-11; Ik. 12: 42:48.

KAMNGAH: "En in, kei a manlangin ka hong pai ding hi. Mi khempeuh a gamtatnate tawh kituakin pia dingin thaman ka hong pua hi." (Mang. 22:12).

THU BUL PHUH: Jesu cikciang in ong pai kik ding hiam. Ong pai kik hun ding ih thei kei hi. Athupi taktak ah Amah in bang sem hiam cih ih theih ding ahihi.

SDA te in Jesu anih veina ong pai kik ding nai mahmah ta cih ih um lai buang hi. Hun nunung thu agen khempeuh in, leitung beikuan tading ahih gen tek uh hi. Leitung beikuan in, alauhuai dinmun tungta cih agen ding kamsang zong ih kisam tuan nawn kei hi.

Leitungah lamdang sak ding bangmah om nawn lo hi. Thubu sung-a, gen kholhna khempeuh in, Jesu anihveina ong pai ding bulphuh in agen ahihi.

Jesu cikciang in ong pai kik ding hiam. Ih thei kei hi. Ih theih pen Jesu ong paibaih tading cih ahihi. Tuathu mah athupen ahihi.

SUNDAY

Mar . 25

A PATNA LEH A TAW P NA

2 Pet. 3:1-10 sungah, Peter in, mihingte' tangthu hunmasa lai-a, thupiangte leh akhakbel-a, thupiangte bangci zop hiam. Hih Laisiangtho munte pan in bang lametna thupuak ih ngah thei hiam.

Piencil Thubu sunga Piansakna te leh a khakbel-a Piansakkikna (recreation) te ki tang zop pah hi. Piencil sung-a, piansaknate in, piansaknate- puahkikna ah khatna nei sak zaw hi.

Jesu in Amahmah tawh nate akipatcilna leh Amahmah ve tawh nate amongbeina kiteltak in zom hi. Mangmuhna sungah thumvei sitset, Jesu in Amahmah Akipatna leh Atawpna ahiah na gen hi. (Mang. 1:8; Mang. 21:6; Mang 22:13). Hihbang-a, Jesu in agenna pen Avangliatna tawh agen ahihi. Hihthu in ong gen pen na khempeuh akipatcil in, Jesu na om khin-a, na khempeuh amongbei ding ciang in zongh Amah om ding hi, cih ahihi. Koimun koimun ah om talehang Jesu ih muang thei hi. Leitung pen buai ziazua gawp hitaleh Jesu pen om veve den hi.

Khristian pawlkhatte in, Jesu ong paikik takpi tading cih um khollo uh hi. Ei leh eima kumpigam lamh ding kisam zaw hi, ci-in, ngaihsun uh hi. Abeisa hun-a, mi pawlkhat te in tuabang-a, avaihawmte uh ngaihsun dih in. Banghang in mailam geelnate ahoihlam in ong kikheel ding hi, ci-in, ngaihsut huai hiam.

MONDAY

Mar . 26

KAMCIAM LEH LAMETNA

Hih lametnate, Jesu anihveina ong paikik ciang in, atawntung ding in, Peter in, 2 Pet. 3;13, sungah bangci telgen hiam. Hih lametna, thu ummi eite aading in banghang in nak thupit hiam.

Mihingte lametna pen lungkiat huai thei zeelzeel hi.

Thubu atte in bel, ih lametna ih mansuah loh nading in kam ong ciam uh hi. Topa in na khempeuh a uk ahihi. Ama' ong pai kik nading kamciam ih nei-a, ong pai kik ciang in, bang ong sem ding cih kamciam zongh ih nei hi.

John 14:2-3; Dan. 2:44, leh Sawl. 3:20, te ah, bang lametna kimu hiam. Hih kamciamnate khat ciat in, kilamdanna bang nei tek uh hiam.

Hih Laisiangtho munte leh amundang tampite ah Khri i ong pai nading kamciam tampi om-a, van thak leh lei thak thu banah Ama ong pai madeuh a, thupiang dingte zong ong gen hi. Bang tawh kibang ding cih lungngai dih in. Ih mawh kha zeelzeel-a, ki cina themthum in, sihna ih tuak tek-a, launa, ngongtatna, ki muhdahna, zawanna, ki tualthahna, galpi leh thuaksiatnate tawh ih ki phukha niloh hi. Hih atung-a, thubuaite omlo in, leitung a piangtheilo ding in ih lungngai liang hi. Hihthute ong piang teek ding cih mah ih lamet leh ong ki kamciam hih leitung hi maw zeel hi.

TUESDAY

Mar . 27

EITE' KHAMUANNA LIANPI

Jesu anih veina ong pai ding cih kamciam, ih neih khempeuh lak ah, a koi pen athupi pen ahiam.

Heb. 9:28, leh 1 Kaw. 15:12-27, te siksian in, thudangte saang in, bang thupiang khat in, Ama' ong paikik nading kam ong ciam hiam. Banghang hiam.

Jesu anih veina ong pai ding lametna lianpi pen, Amasa ong pai masak lai-a, ong sepsaksa tungah kinga ahihi. Ong pai masak lai-in, ahoih in na semlo hileh anih veina zong gen vetna omlo hi. Anih veina ong paikik keileh ong pai masakna leh eite aading-a, ong sepsaksa na te amawkna suak ding hi. Laisiangtho in singlamteh thu agen ciang in, tatkhiatna limciinna thu na zangh hi.

Singlamteh tunga Jesu ong sihna tawh in, ih kha aading in tatkhiatna ong sepsak hi. Tua tatkhiatna pen khatvei tawh kicing khin dipdep hi. Tatkhiatna sum pia khin in, na tat nate aluak ding in pai kei lecin, tua piaksa tatkhiatna ahoihna bang om ding hiam. Tatkhiatna sum piakna bek pen tangthu khat i thu mongbeina hilo hi. Agentehna in, galte khat in, naupangno khat gukmatsak in atat nading sum tampi ngen ci ni. Naupangpa i nu leh pa te in, tan in, anau-pang ong la uh hi. Jesu zong, man tampi tawh atatsate la ding in ong pai kik ding hi. Tuahi-a, Jesu i ong pai masakna in, anih veina ong paikik nading-a, akho sak athupi sak kamciam ong suak hi.

WEDNESDAY

Mar. 28

"AMA' ONG PAI NADING KAMCIAM KOI AH OM HIAM" (2 Pet. 3:4)

Heb. 11, buppi i adeihna bulpi bang ahiam. Hih Laisiangtho mun in, "Zekai" acih tellohna khempeuh

dotna tawh ki koici tuah mahmah hiam. (Heb. 13, 19, 40), te sim in. Laisiangtho bup khempeuh phial ah, mite in hunsawtpi ana ngak uh etteh ding thu tampi ih nei hi. Abraham in aki kamciam tapa khat aneih ding bangtan ngak cih en dih in.

Peter in, kum 2000, lai ding-a, ana at thute phawk dih in. "Amasa bel-a, theih ding akilawm thu in, a nunung bel nite ciang in, a kisa thei mite in amaute' deihgawhna bang gamta in: Topa ong paikik ding cih thuciamna in koi-ah a om hiam. Ih pute ih pate a si khin zo uh hi; ahizongin na khempeuh a pian'sak cil a kipan apian' ngei bangin a om lai hi, ci-in, kosiatna tawh a hong pai ding uh hi." (2 Pet. 3:3,4).

Topa a tawfik dingin na ngaihsun hiam. Topa ong pai ding "a zekai" man in, na lung akia zeelzeel hiam. Ong pai ngap nawn ding hiam, ci-in, na lung-hiang nei mai hia leh. Khrih ong kumkik nading upna na neihna teci te ngaihsun pha dih in. Mihing ih hih man in, ih theihna kiciangtan mahnah cih zong phawk in. Hun tawh kisai nangma theihna leh Pasian' aa kilamdang mahmah hi.

THURSDAY

Mar. 29

"EN UN, KEI A MANLANG iin KONG PAI HI" (Mang. 22:7).

Pawluh in Tetalawni pawlpite ahanthotna, angaihsutpiakna thubulpi pen, Topa' ong pai nailohna thu ma, ahihi. 2 Thess. 2, sungah Khrih ong paikik ding kamciam angak Tetalawni pawlpite Pawluh in bang ngaihsutna pia hiam.

"Hun nunung" pen thu anasia genpen Mang-

muhna Thubu in zong Topa ong pai zekaina hun teci panna ong gen hi. Mang 6:9-11, sungah, ciamtehna ngana akihon in, biaknatau nuai pan, bang aw te ong awng khia hiam. Hihmun ah, theihloh dotna, "zekai na thu" bang ngaihsutna kipia hiam.

Hih "zekai na thu" ih theih nading in, Lk. 12:42-48, in ong bangci huh theih hiam.

Kumte ong ki zialzial ta hi. Hih leitung tawh lungkim pilpial in, Khri anih veina ong paikik takpi ding na mangngilh ta hiam. Tuabang in na ngaihsut leh zong nangmah guak na hi kei hi. Hihbang-a om hit hiat bangmah awlmawhlohna alauhuai mahmahna ih bangci do khiat theih diam. Na dawnna Sabbath ni-in ong keng in.

FRIDAY**Mar. 30**

SIM BEH DING: "Atawntung hun ih lut nading in kumte in khensan khin dekdek ta hi. Kumthak sung ih lut nading ni tawmcik bek ih nei lai hi. Sanggam u leh naute aw, kum lui ih neih thim-thiam te pilvang tak in zangh ni. Na vaipuak na awnghah leh Pasion' kiangah thuum in. Na lampialna pan in ong kileh kik in. Ong kipia nuntakna bangzah in tom cih phawk in. Na nuntakna kongpi cikciang in kikhak ding cih na thei kei hi. Hihbang in ci kha kei in. Tuni ahihkeileh zing ciangin, tuazah-a anuam tua khuapi ah pai-in, kum khat hun va zangh ning. Sum lei in, zuak in a meet tampi va thalawh ning. Pasion in, nangma aading in athutuam in geelnate nei kha thei hi. 'Nuntakna pen tawlkhat ong kilangh in, amang-kik pak tuikhu tawh kibang hi.' (James 4:4, NlrV). ***EG White, Review and Herald, Dec. 23, 1902.***

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1.	Heb.	11:4
2.	1 Kor.	15:22
3.	Pian	5:22
4.	Juda	14
5.	Pian	5:24
6.	Isa	45:25
7.	Pian	22:2
8.	Pian	22:8
9.	"	28:17
10.	"	28:16
11.	"	50:21
12.	"	50:20
13.	Pai	2:23
14.	"	2:21
15.	Pai	3:10
16.	"	5:5
17.	Pian	50:24
18.	Pai	7:2
19.	"	7:15
20.	"	8:16
21.	"	9:3
22.	Pai	9:27
23.	"	10:12
24.	"	10:21
25.	"	11:5
26.	"	12:7
27.	"	12:24
28.	Isa	58:12
29.	Gal.	4:4
30.	Fl	2:6
31.	Mat.	1:21

MORNING WATCH
February, 2012

1.	Lk	2:8-10
2.	Isa.	42:2,3
3.	Joh	1:10
4.	Lk.	2:49
5.	Lk	8:21
6.	"	2:52
7.	"	2:40
8.	"	2:40
9.	"	2:47
10.	Joh	1:46
11.	Mk	12:37
12.	Heb	4:15
13.	Mat	4:10
14.	Joh	1:11
15.	"	14:9
16.	"	5:38
17.	"	5:6
18.	"	5:15
19.	Joh	9:3
20.	"	4:7
21.	"	4:15
22.	Mat	14:16
23.	1 Kor.	3:6, 7
24.	2 Tim.	4:8
25.	Joh	14:12
26.	Mk	14:32
27.	Mat	26:60,61
28.	Joh	17:4
29.	R o m	6:4

MORNING WATCH
March, 2012

1.	Mat.	2:1, 2
2.	Joh	3:3
3.	"	3:7
4.	1 Kum	19:19
5.	"	19:21
6.	Fl	3:14
7.	1 Tim	4:12
8.	Pian	39:2
9.	"	39:9
10.	"	41:15
11.	Tkte	6:6
12.	"	6:17
13.	"	6:25
14.	"	6:40
15.	"	7:2
16.	"	7:10, 11
17.	"	7:18
18.	Tkte	7:7
19.	Lk	5:5
20.	1 Sam	17:10
21.	"	17:45
22.	"	17:47
23.	Pan	6:4
24.	"	6:16
25.	Lk	9:56
26.	Joh	13:21
27.	Mk	14:6
28.	"	14:31
29.	"	21:15
30.	2 Kor.	5:21
31.	La	119:44

